

CHINA

Essential Information

KNOW BEFORE YOU GO

PASSPORTS

A valid passport is required with a minimum validity of six months after the holiday package return date; we recommend nine months to avoid any problems. Always carry your passport and other travel documents in your hand luggage, or in the safe of your ship or hotel room. Keep photocopies in a separate bag and leave a copy at home with family or friends in case of an emergency. Please ensure you have advised us of your full name as per your passport, including middle name(s).

Travelmarvel will require passport details 90 days prior to departure in order to obtain the relevant permits. We require colour copies showing both information pages with the photos and edges showing fully, to avoid any issues.

Travelmarvel is not responsible for delays or missed portions of the holiday package resulting from incorrect travel documents.

TRAVEL INSURANCE

Travel Insurance is not included in your holiday package. We recommend you purchase comprehensive travel insurance that includes

(without limitation): medical costs including medical evacuation; loss of luggage; land and air charges that may occur due to cancellation; flight changes and cancellation fees; coverage for the full cost of your holiday package; events such as itinerary disruption, as we will not be liable for any direct or indirect costs that you incur as a result of such an event or other factors beyond our control such as natural disasters or strike. Be sure to pack your policy in case you need to make a claim while on tour. Confirm that your insurance covers you for the whole time you'll be away, and check what circumstances and activities are not included in your policy. Declare all pre-existing medical issues to the insurer so that non-covered conditions are identified in advance. Have the details recorded and accessible at all times during travel.

VISAS

Please note that visa conditions are subject to change. It is your responsibility to ensure that you have the appropriate visas required to enter all the destinations included in your itinerary. This may include any transit visas required to travel to or from your destination.

China Visa

Australian and New Zealand passport holders can visit China for tourism without a visa, for stays of up to 30 days. China introduced a visa waiver program for Australian passport holders effective from 01 July 2024 until 31 December 2025. Visa requirements for 2026 have not yet been confirmed, and we recommend checking with the Chinese Embassy, or your travel consultant, closer to departure.

British passport holders must apply for a visa at least 30 days before departure.

All other nationalities not mentioned should contact their local consulate for visa requirements. For further information or queries, please refer to your itinerary or speak with your booking agent.

For further information or queries on how to apply for a visa prior to your arrival, please visit the following websites:

Australia: smartraveller.gov.au

New Zealand: safetravel.govt.nz

United Kingdom: gov.uk

Travelmarvel website: travelmarvel.com/en-au

WHAT TO PACK

LUGGAGE

The luggage limit on your tour is one suitcase weighing 20kg (44 pounds). We advise keeping your luggage to a manageable weight, as you may be required to handle your luggage independently at airports and hotels. Additional fees will be charged to cover portage handling of any excess luggage. Your Tour

Director will provide details of any additional charges. If your tour includes flights within China the luggage limit is 20kg. If this weight is exceeded, an excess luggage fee may be charged at the time of check-in for each flight.

Clothing and Footwear

We highly recommend packing comfortable

clothing and sturdy walking shoes. We recommend dressing modestly while travelling in China. Carry a scarf or shawl in case you need to cover your head or shoulders when entering private homes and religious or government buildings. It is also customary to remove shoes before entering temples and private homes.

Smart casual clothing is recommended when dining at restaurants or aboard the Yangzi Explorer. Singlets and thongs are not permitted in dining rooms. There will be no formal or black tie events, but you may want to pack something smart to wear for the Welcome and Farewell Dinners.

We recommend that you pack a variety of light to medium-weight clothing, plus rain wear in case of cooler or wet weather. Layers are a good option to cover a range of temperatures and to adjust to changing conditions.

Travel Documents

- Passport and any required visas.
- Travel insurance policy including policy number and 24-hour emergency contact number.
- Travel vaccination certificates (if required).
- Airline e-Tickets, Travelmarvel itinerary and Essential Information (electronically).
- Wallet or money belt (cash, credit cards, bank cards).
- Photocopies of important documents, such as spare passport photos, important addresses and contact numbers.

Personal Items

- Backpack (containing extra layers, water, rain gear, snacks, sunglasses, prescription glasses, small umbrella etc.).
- Reuseable water bottle.
- Medications and copies of prescriptions.
- Sunscreen, lip balm, hand sanitiser, and sunhat.
- Clear zip-lock plastic bag to contain all liquids, gels, and aerosols in your carry-on luggage.
- Antibacterial gel/wipes.
- Travel-size toiletries (shampoo, conditioner, soap, body lotion, insect repellent).
- Smart casual clothing such as long-/short-sleeved shirts, jeans/trousers/shorts/skirts, socks/underwear and sleepwear.
- Comfortable footwear such as sneakers and socks (for entering temples without shoes).
- Windproof jacket.

Travel Accessories:

- Electronics such as mobile phone, iPad/tablet and laptop.
- Camera/memory card and charger.
- Power adaptor and current converter for the country you are travelling to.

- Power board for charging multiple devices.
- Digital sim card (e-sim), offered on new-model mobile phones, can be pre-purchased in your country of residence and activated upon arrival at your destination. Check if your phone accepts e-sims.

PACK A MEDICAL KIT

A small medical kit is recommended for all travellers. Pharmacies in large cities will likely stock most basic medicines and supplies, but they may be difficult to access and a script may be required for some medications.

VALUABLES AND SECURITY

Do not take anything valuable or irreplaceable items with you that will create emotional or financial hardship if lost or stolen. Carry all valuable documents, cash, and credit cards with you in your hand luggage. Do not pack these important documents in your suitcase. A money belt, worn inside clothing, can be useful while travelling. Hotel rooms offer a security safe to store valuables in. Remember to remove your contents from the safe before checking out of your hotel room.

KNOW BEFORE YOU DEPART

GENERAL PHYSICAL FITNESS

Travelmarvel cruises and tours in China can be physically demanding, and a good level of fitness and health is required to participate in our holiday packages. Certain trips may not be appropriate if you have existing medical conditions or mobility restrictions. Some excursions involve extensive walking, including standing on your feet for extended periods, navigating uneven or loose ground, stairs, and steep inclines. You may also encounter intense heat and humidity while travelling in China.

At Travelmarvel, we encourage you to immerse yourself in local cultures, make new connections, and contribute to the communities we visit. We are continuously exploring ways to improve our tours and make them more inclusive, though it's important to note that some destinations or itineraries may be better suited for accessible travel than others.

It is your responsibility to advise Travelmarvel of any pre-existing medical conditions you have that may affect the normal conduct of the holiday package you're booked on, and the enjoyment of other guests. You may be required to fill out a Health, Fitness and Mobility questionnaire to assist Travelmarvel in assessing your abilities.

Getting On/Off the Ship

During your Yangtze River cruise, you may need to board smaller boats to be transferred ashore for sightseeing. In ports where we dock directly against the shore, the landing areas are not established ports, so you may need to walk up and down embankments

Get Walking

As your holiday will involve sightseeing on foot, you'll get the most enjoyment if you prepare in advance. In the lead up to your trip, we

recommend walking at least three times a week, including stairs, gradually increasing to an hour per session. This will build the stamina needed to appreciate all the sights on your tour and cruise.

Visit Your Doctor

Your doctor or travel clinic is the best source of information about preventative measures, including vaccinations. We recommend consulting your doctor or local travel clinic for detailed advice to ensure you are fully prepared before travelling. Please take a copy of your travel itinerary to the doctor or travel clinic to assist with recommendations, and ask your them to prepare your medical history for a foreign doctor. It should include your name, address, emergency contact, blood type, medical history, current medications and dosages, drug allergies, reasons for prior hospitalisation, and a list of vaccinations and dates. Having a copy of your prescriptions is vital in case of any health problems. It is also a good idea to bring a copy of your prescription for glasses or contact lenses.

Vaccinations

Vaccinations may be required for travel to China. We recommend consulting your doctor or travel clinic at least 8-10 weeks prior to your travels for the latest travel vaccinations and medical advice.

Medications

Prepare a list of your medications, including the name, dosage, prescribing doctor, and their phone number. Pack sufficient medication for the duration of your tour. Carry your medications in your handbag or backpack each day in case you need them at any point during your holiday.

Allergies

Travelmarvel requires you to advise us of any allergies or dietary requirements at the time of booking with your Travel Expert and upon arrival with your Tour Director. Most suppliers need advance notice to cater to any allergies and dietary requirements. While Travelmarvel will pass on your requirements to the relevant suppliers, we cannot guarantee our suppliers will accommodate all requests. Please note that you may be required to complete an allergy form for our third-party suppliers.



Anshun bridge, Chengdu

AT THE AIRPORT AND IN THE AIR

RECONFIRMATION OF FLIGHTS

We recommend checking your booking directly on the airline's website to ensure there have been no last-minute schedule changes. Your airline booking number can be found at the top of your e-ticket.

CHECK-IN

It's important to arrive at the airport at least two hours before domestic flights and three hours before international flights. This will allow time to check your baggage, present your passport and ticket, and make your way through security procedures to the boarding area. Please ensure you arrive at the airport at the correct time. Early morning flights may require you to check in the day before. Airlines have little leniency if flights are missed.

Many airlines now offer online check-in 24-48 hours prior to departure. Please check with the relevant airline/s if they offer online check-in for your flights.

INTERNAL FLIGHTS

Flights within China are included in the tour price, as stated in your itinerary. These flights are booked by Travelmarvel's ground operator, and the flight details will not appear on your final documentation. Your Tour Director or local guide will carry all necessary documents for these flights including the e-tickets. Please note

all flights included in your tour are in economy class and have a luggage limit of 20-23kg. If this weight is exceeded, an excess luggage fee may be charged at the time of check-in for each flight.

CHECKED LUGGAGE RESTRICTIONS

International airlines may charge fees or require you to remove items if your luggage exceeds weight or size limits. We recommend carefully checking your airline ticket for maximum luggage allowance for each flight.

LOST OR DELAYED LUGGAGE

Luggage may occasionally be delayed during air transit. We recommend carrying a change of clothing and any essential medication in your hand luggage, or packing some clothing in your travel companion's bag. Please ensure your name and contact details are attached to your luggage so the airline can contact you in the unlikely case it is lost. If your luggage is delayed, the airline is responsible for delivering it to you. Claims for reimbursement should be submitted directly to the airline, and a claim form should be filled out at the appropriate airline desk upon arrival. If you need assistance in contacting the airline for information regarding your delayed luggage, please ask your Tour Director or local guide.

DELAYED OR MISSED FLIGHTS

In the unfortunate event that you miss your flight or experience a significant delay, please inform

the airline representative that you are booked on a group tour with a specific start location, date and time. Be sure to notify Travelmarvel of your new travel arrangements immediately.

AIRPORT TRANSFERS

If you have an arrival airport transfer included in your tour package, you will be welcomed upon arrival by a local representative, holding a Travelmarvel sign with your name on it. If you cannot locate your transfer representative, refer to your itinerary for the relevant contact number to call. If you miss the pre-booked transfers, you must make your own way to and from the hotel at your own expense. Your flight details must be provided to Travelmarvel at least 60 days prior to departure in order to confirm the airport transfers. Transfers cannot be re-routed to other pick-up points or destinations. No refund will be given for unused transfers.

TRANSFERS NOT ARRANGED BY TRAVELMARVEL

If you have independent travel arrangements prior to your Travelmarvel tour and do not have a transfer, please make your own way to your Travelmarvel hotel for the first day of your tour. The Tourist Information Office at your arrival city will be able to offer further assistance with directions to the hotel. All hotel addresses and contact details are outlined towards the end of your personalised itinerary.

HOTEL INFORMATION

Check-In: Hotel check-in time is generally 3pm local time, but where possible, the hotel will try to have your room available earlier. If your flight arrives in the morning, luggage can be dropped off at the hotel before check-in and stored until your room is ready.

Check-Out: Check-out times may vary; however, they are usually between 11am and noon. If you have a late-afternoon or evening flight, most hotels have a luggage room where you can store bags until your departure, though a fee may apply (subject to availability). A hotel day room may also

be arranged with the hotel directly at an additional cost (subject to availability).

Safety Deposit Box

All hotel rooms are equipped with a personal safe. It is recommended that you place your valuables in the safe when away from your room.

GENERAL INFORMATION

CRUISE/TOUR DIRECTOR

Your Cruise or Tour Director is a highly trained and experienced industry professional, whose insightful and entertaining commentary will showcase both their passion for and knowledge of the regions you visit. Backed by our dedicated support staff, their organisational skills will ensure that your trip is truly hassle-free. They are on hand to ensure your comfort, manage all arrangements, and answer any queries. Travelmarvel cruises and tours are conducted in English, and all Travelmarvel staff, including crew and local guides, speak English.

GUEST FEEDBACK

As part of our commitment to providing quality touring experiences, we welcome and encourage your feedback. Towards the end of your tour, your Tour Director will ask you to complete a feedback form. Please take the time to answer the questions and make relevant comments. Each feedback form is read, and a summary of each tour is given to all members

of Travelmarvel management. Where necessary, relevant action is taken to rectify any problems.

GRATUITIES

On all Travelmarvel holidays, gratuities to your Tour Director, ship crew, local guides and drivers, as well as portage and restaurant service staff are included in the holiday package. If you wish to tip any individual for exceptional service, this is at your discretion. Should you purchase additional services or extended touring that is not organised by Travelmarvel, a tip is customary and expected for good service. When dining out, it's customary tip between 10-15% of the bill.

CREDIT CARDS

Credit cards are generally accepted in hotels, department stores, and large shops in China. However, we recommend carrying some cash for smaller purchases at markets or small establishments. While pre-loaded travel cards can be used like a debit card, we advise also bringing a standard credit card as a backup.

INTERNET ACCESSIBILITY

China has highly developed internet infrastructure, but internet access is heavily regulated and censored. Please note some websites you are accustomed to visiting may not be accessible in China. A VPN installed on your device may overcome this issue.

EMERGENCY CONTACT INFORMATION

In your final documentation, we will provide you with some important phone numbers and other essential information. Our local representatives are also available to assist with any needs that may arise while you are on tour. In an emergency, your family and friends can call Travelmarvel during normal business hours on:

Australia: 1300 300 036

New Zealand: 0800 278 800

STAYING HEALTHY ON HOLIDAY

It's important for you to be as healthy as possible before you travel and to maintain your health by applying good hygiene practices while on tour. Practicing good hygiene is vital in preventing the spread of common viral infections such as colds, flu or gastroenteritis, which can spread quickly. Respiratory and gastrointestinal illnesses, while usually minor in nature, can spread rapidly within a tour group, and have a major impact on everyone's enjoyment. Travelmarvel is committed to reducing the spread of infections on all tours, and asks that you read and follow our recommendations to ensure a healthy, safe and enjoyable holiday for yourself and your fellow travellers.

TRAVELMARVEL HEALTH & SAFETY PROTOCOL

Our Tour Directors follow strict health and safety protocols to ensure the wellbeing of all guests. If you are showing symptoms of a cold or other virus while on tour, you may be asked to assist in reducing the spread of illness. You may be asked to wear a face mask, have meals in your room instead of the dining room, or remain in your room until the symptoms improve. For our most up-to-date protocols, please refer to our website.

Practice Good Hygiene

- Washing your hands is the most effective way to reduce the risk of contracting and spreading infections.
- Health experts recommend you wash your hands often with warm water and soap for 20 seconds or longer before eating, after sneezing or coughing, and after touching high-contact surfaces such as door handles, elevator buttons and railings.

- Please be mindful of your fellow travellers by covering your mouth when coughing or sneezing, and by disposing used tissues in the bin.
- We recommend you bring your own hand sanitiser for personal use when in airports, on your coach or train, and while touring.

Colds and Flu

Viral respiratory infections are the most common infectious illnesses affecting travellers. Colds and flu primarily spread through coughing, so please practice good hygiene and respiratory etiquette – wash your hands regularly, cover your coughs and sneezes, and use anti-bacterial wipes and hand sanitiser frequently, especially after excursions, before meals, and throughout the day. Influenza is commonly contracted while travelling overseas, and the flu vaccine provides protection against flu viruses.

Gastroenteritis and Traveller's Diarrhoea

Diarrhoea is the second most common infectious illness affecting travellers. The illness can be caused by a number of different viruses and bacteria. Viral gastroenteritis is generally spread by consuming contaminated food or water. Symptoms can include fever, nausea, vomiting, diarrhoea and abdominal pain. The incubation period varies depending on the cause. Symptoms are generally self-limiting and treatment includes rest, rehydration, a simple diet, anti-nausea, and anti-diarrhoea medications. Antibiotics are typically reserved for use when symptoms are more severe or prolonged, such as fever, abdominal pain, bloody diarrhoea or symptoms lasting more than two days. Practising good hygiene like handwashing is essential

in protecting yourself from getting sick and to prevent spreading the infection to others.

Water and Food Safety

Tap water in China is not safe to drink. Be mindful of the different meals you will consume each day while on holiday. It's a good idea to pack some medicine to alleviate symptoms should you experience an upset stomach from eating foods that are not part of your regular diet.

Water Bottles

Travelmarvel is committed to reducing waste and the use of single-use plastic water bottles. We encourage you to bring your own refillable water bottle to use while on tour or purchase one at your destination.

Street Food

When visiting countries where you are unsure about general hygiene practices, please take care if buying food from street vendors or in small restaurants away from your hotel, cruise ship or recommended venues. At these places, avoid raw fruit and vegetables, dairy products (including ice-cream) as well as meat and fish not properly cooked. It is generally safe to eat cooked meats and vegetables prepared in tourist hotels and restaurants in tourist areas. Fruit that you peel yourself is considered safe. You can feel safe eating anything served to you at the tour hotels and while on board your cruise. We recommend avoiding purchasing alcohol from street vendors.

Sun Exposure and Dehydration

Weather conditions will vary on tour. Drinking plenty of water is important to prevent dehydration. A hat and high-quality sunscreen are important for preventing sunburn, even on overcast days. Please ensure you bring a refillable water bottle to stay hydrated.

ONBOARD INFORMATION

CENTURY PARAGON

Ship Overview

Step aboard Travelmarvel's new river ship, the Century Paragon, and sail in comfort and style, experiencing authentic local life along the Yangtze River. Elegant suites feature ample space to relax and include an en suite bathroom with separate bathtub and shower. From your private balcony, marvel at the awe-inspiring scenery as you sail along China's longest river. Equipped with generous amenities, the Century Paragon includes a heated indoor swimming pool, spa, fitness centre, library, and cinema for guests to enjoy while on board. All meals are freshly prepared daily and enjoyed while soaking in the ever-changing scenery. At Cheers Bar & Lounge, sip your favourite drink while getting to know fellow travellers, or head to the Sun Deck and admire the passing scenery. With superior service throughout your journey, you'll feel truly taken care of.

Ship Schedule

The ship will sail promptly from each port in accordance with its cruising schedule. Unless you are on a shore excursion accompanied

by an appointed guide, it is your responsibility to make your own way to rejoin the ship at a subsequent stop if you are unable to be on board when the ship departs. Travelmarvel is not liable for any costs incurred if you miss the ship's departure for any reason.

Daily Program

A schedule of the day's activities will be provided to you each day. The ship's daily program includes information on activities, shore excursions, tour departure times and more. It is available at the reception desk.



Century Paragon, Yangtze River

Coach Safety During Excursions Ashore

You must always remain seated while the coach is in motion. Hand luggage and other personal items should be safely stored in the overhead luggage racks or under your seat to keep the aisles clear. Heavy items should not be stored overhead. You are required to leave the coach during stops. Do not leave any valuable items on the coach. Please watch the stairs when descending from the coach, and check for traffic when exiting. Please follow these safety precautions and note all emergency exits.

Disruptions to the Itinerary

Under normal operating conditions, itineraries will follow what is outlined in the brochure. However, changes to the itinerary may be necessary due to factors such as road, rail, river or weather conditions, flooding, strikes, or other unforeseen circumstances beyond Travelmarvel's control. If conditions make any routes unsafe for navigation, Travelmarvel reserves the right to provide alternative services, including, but not limited to, accommodation on the docked ship or substitute land arrangements. We recommend you purchase comprehensive travel insurance to cover unforeseen events.

Noise and Vibration

While the cruise operator is committed to reducing noise and vibration on the ship, you may still experience occasional disturbances throughout the vessel, including in your cabin.

Docking Position

During port stops, river cruise ships may be docked side by side, obstructing views and requiring you to pass through other ships to embark and disembark. River ships may moor overnight midstream rather than at a port. Ports are not official docking facilities, and your river cruise ship will moor alongside embankments.

Dining

All meals on board your cruises are included and are prepared by our onboard chefs. Meals are served in the Panoramic Restaurant in a single sitting. Tables for two are limited in the dining room. We recommend arranging a table for two in advance with reception staff. Meals on board include Chinese & Western-style buffet. Dietary requirements like vegetarian and gluten-free options are available.

Beverages

On board the Century Paragon, enjoy a selection of international wines and regional Chinese beers served with lunch and dinner. Throughout the day, soft drinks, tea, and freshly brewed coffee are available at the Cheers Bar & Lounge. Complimentary purified drinking water is available throughout your cruise.

Reception

The ship's reception area is open during the day, and you can contact them by telephone from your suite or visit during opening hours. You can obtain a contact number for reception staff from the Cruise Director and Hotel Manager when reception is closed.

Swimming Pool

There is a heated indoor heated swimming pool located on the Lower Deck of the Century Paragon. Please note the swimming pool is not attended by a lifeguard. You are responsible for

your own safety while using the swimming pool. Please refer to the Welcome Information in your cabin for swimming pool opening hours.

Gift Shop

The Century Paragon features an onboard gift shop offering a curated selection of Chinese souvenirs, handicrafts, and local specialty items. A limited range of personal and toiletry essentials is also available for your convenience.

Onboard Account

Purchases made while on board are billed to your shipboard account, and you will receive an invoice at the end of the cruise. The accepted currency on board the Century Paragon is Chinese Yuan (also known as Renminbi) or USD. Major credit cards like Visa, Mastercard and American Express are also accepted on board. Cash is also accepted.

Beauty and Spa Services

Beauty and spa services are available on board. Enquire at reception for details of the services offered.

Fitness Centre

The fitness room aboard the Century Paragon is available to all adult guests. However, it is not attended by staff, and guests are responsible for their own safety while using the equipment in the fitness centre. Please refer to the Welcome Information in your cabin for hours of operation.

Laundry and Ironing Service

Laundry and pressing services are available on board. Refer to the price list available in your cabin. For safety reasons, it is not permitted to use an iron in your cabin. Dry cleaning and self-service laundry facilities are not available on board.

Library

The ship has a book collection available to all passengers, free of charge. Please return any books that you have borrowed before the end of the cruise.

Audio Headsets

During excursions, our lightweight headsets allow you to hear every word of your guide's commentary.

Medical Assistance

The Century Paragon features a 24-hour doctor service. If a passenger requires medical assistance on shore, a transfer will be arranged to the nearest land hospital for further medical treatment. Guests are responsible for any

expenses incurred from medical visits both while on or off the ship. Travelmarvel is not responsible for the type or quality of the medical services you may receive. For this reason, we recommend travel insurance.

SUITE INFORMATION

Bedding Configuration

Most suites on the ship can be configured as either double or twin share. Your preference will be noted at the time of booking.

In-Room Entertainment

In each suite on board the ship, there is a flat-screen TV with a range of channels. TV reception may vary depending on the remoteness of the ship's location.

Air Conditioning & Heating

All suites on board the Century Paragon have individual climate control.

Hair Dryer

Each suite is equipped with a hair dryer.

Adaptors & Electricity

Electricity is 220 volts on board your river ship and throughout China. Please pack a plug adaptor if you plan to bring appliances from home.

Additional Suite Amenities

A mini bar fridge is available in all suites.

Bathroom Amenities

Shampoo, conditioner, soap and body wash are provided.

Telephone

Each suite has its own telephone, which may be used to make calls within the ship.

Safety Deposit Box

All suites are equipped with a safe and it is recommended that you place your valuables inside. Items that exceed the size of your safe can be checked into the ship's safe, located at reception.

Smoking

Smoking is not permitted anywhere inside the ship, and is only permitted on the Sun Deck. Smoking in your cabin, including your balcony, is strictly not permitted.

Housekeeping

Our housekeeping staff will attend to your suite twice daily. Should you require any additional housekeeping requests, please contact reception for assistance.



Shanghai

LEARN ABOUT YOUR DESTINATION

It may be useful to research some of the locations you will be visiting, and to familiarise yourself with the area, cities, language spoken and transport information. Refer to your itinerary while conducting research and try to prepare for events that may arise. The more you know about your destination, the more you'll appreciate the things you'll see. During your travels, you'll encounter new customs and lifestyles that may be different to your own. Appreciate and enjoy these differences, as this process of discovery and appreciating other

cultures and customs is one of the benefits of travelling. Despite language barriers, a smile is universal. Friendliness and tolerance towards others, including your fellow travellers, Tour Director and crew are essential for everyone's enjoyment of the tour.

SUPPORTING LOCAL COMMUNITIES

There may be times when you may want to contribute to the communities and people

you visit. OneTomorrow is the APT Travel Group's (ATG) not-for-profit charitable fund. OneTomorrow's goal is to create a positive and lasting impact on the environment and the communities we interact with. This is achieved through immediate and long-term contributions to various environmental and humanitarian causes. Travelmarvel has a list of recommended organisations to support through our established OneTomorrow Charitable Fund. More details and information can be found at onetomorrow.com.au

CHINA



frequently engaging in conversations with locals on topics ranging from China's rapid technological advancements and success in manufacturing to sports and the arts.

Language

Mandarin Chinese, known as Putonghua, is China's official national language. However, many regions also speak their own local language, including Cantonese in Guangdong and Hong Kong, or Shanghaiese in Shanghai. In major cities, English is increasingly spoken as a second language, particularly for business, and in the tourism and hospitality sectors.

Useful Phrases (Mandarin Chinese)

English	Phonetic
Hello	nee how
Goodbye	dzai jyen
Thank you	shieh shieh
How are you?	nee hao ma?
Excuse me/sorry	dway boo chee
Too expensive	tai gwey la
Delicious	hun how chur

Currency

The local currency in China is the Chinese yuan (CNY), also known as the Renminbi (RMB). While Renminbi refers to the currency as a whole, yuan is the primary unit of account. The yuan is widely used throughout the country, and most shops and street vendors do not accept foreign currencies.

Bank Opening Hours

Banks are generally open during the following hours: 8:00am to 4:30pm Monday to Friday, 8:00am to 12:30pm Saturday. Cash machines, or Automatic Teller Machines, are available in most major cities and dispense local currency.

Time Zone

China Standard Time (CST), GMT+8

Weather

China's climate varies greatly depending on the region and time of year. In the north, cities such as Beijing and Xi'an experience cold, dry winters and hot summers, while in the south, the climate is more subtropical, with hot, humid summers and mild winters.

CULTURE AND PEOPLE

During your journey, you'll find that Chinese people are deeply connected to their cultural heritage, and many popular tourist sites are rooted in the country's rich spiritual and philosophical traditions. National pride and China's growing economy are evident throughout the country, especially in its bustling urban centres. You may also find yourself

USEFUL WEBSITES

Travel Doctors:

Australia:
traveldoctor.com.au
travelclinic.com.au
travelvax.com.au

New Zealand:
worldwise.co.nz

United Kingdom:
fitfortravel.nhs.uk/home
travelhealthpro.org.uk
masta-travel-health.com

Travel Advisory:

Australia: smartraveller.gov.au
New Zealand: safetravel.govt.nz
United Kingdom: gov.uk

Customs:

Australia: homeaffairs.gov.au
New Zealand: customs.govt.nz
United Kingdom: gov.uk/browse/abroad/travel-abroad

Visa Information:

Australia: smartraveller.gov.au
New Zealand: safetravel.govt.nz
United Kingdom: gov.uk
Climate: climate-zone.com
Time: timeanddate.com/worldclock
Currency Conversion: xe.com

TRAVELMARVEL TRAVEL CENTRES

Australia

Building 4, Level 1, 15 Cochrans Road,
Moorabbin Vic 3189

P: 1300 300 036 (within Australia)
E: info@travelmarvel.com.au
W: travelmarvel.com

New Zealand

Level 1, 20 Augustus Terrace,
Parnell, Auckland 1052

P: 0800 278 800 (within New Zealand)
E: info@travelmarvel.co.nz
W: travelmarvel.com

United Kingdom

3rd Floor, 52 Grosvenor Gardens,
London SW1W 0AU

P: 0800 012 6686 (within the UK)
E: info@aptouring.co.uk
W: travelmarvel.com

North America

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999 Canada Place, Vancouver,
British Columbia, V6C 3E1

P: +1 778 300 1058 (within North America)
W: travelmarvel.com