TRAVELMARVEL
Travel More

USA GREAT RAIL JOURNEYS

Essential Information

Silverton Train

KNOW BEFORE YOU GO

PASSPORTS

Passports must be valid for at least six months after your return date. We recommend a validity of nine months to avoid any issues. There must be at least three blank visa pages in your passport (not endorsement pages). Guests have been deported for having insufficient visa pages in their passports.

VISAS AND PERMITS

It is your responsibility to ensure that you have the correct travel documentation. Failing to obtain correct documentation may affect entry into certain countries on tour. Visa information is correct at the time of printing, however, as visa regulations are subject to change at short notice, Travelmarvel recommends contacting the relevant consulates for the latest information on visa requirements, costs and processing time. If you hold a passport from another country, check with your travel agent or Travelmarvel about specific visa and permit regulations.

All Australian, New Zealand and UK citizens are required to register online for an Electronic Travel Authorisation (eTA) when travelling to Canada and an Electronic System for Travel Authorisation (ESTA) when travelling to the USA to determine eligibility to enter. For all other nationalities, please contact your local consulate.

Canada

For Canada, please go to cic.gc.ca/english/visit/visas.asp to read about the conditions of application and to register online. There is a fee of CAD$7 payable in conjunction with the eTA registration (current at the time of printing).

USA

For USA (including tours which feature an Alaska cruise), please go to esta.cbp.dhs.gov to read about the conditions of application and to register online. There is a processing fee of US$21 payable in conjunction with the ESTA registration (current at time of printing). We recommend obtaining your ESTA as soon as possibleto allow sufficient time for your application to be processed and approved. Applications are not immediate and may take several weeksto determine eligibility.

If you do not have access to the internet, a third party, such as a relative or travel agent, may submit an application on your behalf. The traveller is still responsible under the law for the answers submitted on their behalf. Please print a copy of the document for your records as you may be required to present a copy to airline staff upon check-in.

Please note: visa and passport requirements are the responsibility of the traveller to organise and are subject to eligibility with Canadian and United States government requirements.

TRAVEL INSURANCE

For your protection, we strongly recommend purchasing comprehensive travel insurance that covers trip cancellation for medical reasons, trip delay, medical expenses, accidental death, lost luggage, medical evacuation and airline cancellation charges under a variety of circumstances. Medical treatment can be very expensive and some hospitals in North America may not treat people who have no proof of insurance. Be sure to pack your policy in case you need to make a claim while on tour.

Confirm that your insurance covers you for the whole time you'll be away and check what circumstances and activities are not included in your policy. Ensure all pre-existing medical issues are declared to the insurer to determine any uncovered conditions in advance. Have the details recorded and accessible at all times during travel. We recommend that your travel insurance includes coverage for events such as itinerary disruptions, as we will not be liable for any direct or indirect costs incurred due to such events or other factors beyond our control.

GENERAL PHYSICAL FITNESS

Travelmarvel cruises and tours are not physically demanding; however, because of the nature of many of the sites you will be visiting, some tours require a good level of fitness and health to participate. Some tours may not be appropriate for guests with certain medical conditions or physical restrictions. Walking tours are often on uneven ground and may include stairs and steep inclines. You should be able to stand on your feet for an extended period of time to visit museums, attractions and other sites, as well as when checking in for flights and cruises and at customs and immigration.

Getting on/off the train

Guests will be required to board and alight from trains independently. On non-porterage departures, guests must be able to manage their luggage on and off trains and throughout stations as Occupational Health and Safety guidelines do not allow staff to assist.

ALLERGIES

If you have a food allergy or any other condition that requires management during your tour, please inform your booking agent as soon as possible and notify your Tour Director at the start of your journey. Most suppliers require advance notice to accommodate special requirements, and in some cases, you may need to fill out a form or waiver.

EMERGENCY CONTACT INFORMATION

We will provide important phone numbers and information in your tour documentation. Our local representatives are available to assist with any needs that may arise once you arrive in North America, or while you are tour. If for any reason you require assistance, please contact one of our representatives in the Vancouver Office on: +1 778 300 1058.

WHAT TO PACK

LUGGAGE

Each passenger is entitled to bring one piece of luggage that does not exceed 160cm^2 (63 inches^2) and 23kg (50 pounds). The tour price includes porterage for one piece of luggage. Additional bags will be subject to approximately CAD$10 or US$10 per bag, per hotel. Limit hand luggage to one bag that fits under your aircraft seat or in the overhead compartment. If your holiday includes a rail journey on VIA Rail, you will be required to pack down to an overnight bag. Guests travelling on the Rocky Mountaineer are restricted to hand luggage on board. Luggage will be delivered to the hotel and will be available on arrival.

Sometimes luggage is delayed during air transit. We recommend bringing a change of clothing and any essential toiletries or medication in your hand luggage, or packing some clothing in your travel companion's bag. Place a copy of the hotel contacts and ship details inside your hand luggage. Should your luggage be delayed, it is the responsibility of the airline to deliver it to you. Claims for reimbursement should be submitted directly to the airline. Should you need assistance in contacting the airline for information, please ask your Tour Director or Cruise Liaison for assistance.

Items to Pack

The dress code while on tour is casual. For daytime, we recommend packing a variety of light- to medium-weight clothing, plus rainwear in case of cooler or wet weather. Layers are a good option to cover a range of temperatures and to suit changing conditions. Comfortable footwear is a must. We believe the below list will be useful when packing:

- Breathable wind or waterproof gear (jacket)
- Fleece jacket, vest or warm jumper
- Warm jacket and beanie
- Hat with brim
- Walking trousers or shorts
- T-shirts
- Base layers of varying weight
- Clothing and shoes for downtime and restaurants
- Underwear and socks
- Smart casual outfits for evenings
- An evening dress or jacket is suggested at some hotels and for formal nights on cruises

Other Necessities to Pack

- Passport, wallet, money belt (containing cash, credit cards, bank cards)
- Airline tickets or e-ticket confirmation details
- Travel bag (to hold extra layers, water, rain gear, snacks, etc.)
- A one-litre resealable plastic bag to carry all liquids, gels and aerosols in carry-on luggage
- Water bottle
- Medication and copies of prescriptions
- Sunglasses, sunscreen and lip balm
- Toiletries

Recommended Optional Items Include:

- Insect repellent
- Small umbrella
- Camera or memory card and charger
- USB stick for sharing photos and images
- Plug adaptor and current converter for all electronics
- Small backpack for day use
- Binoculars
- List of important addresses and contact numbers
- Photocopy of front page of passport (kept separate from passport)
- Reading material

VALUABLES AND SECURITY

Do not bring anything that would cause emotional or financial hardship if lost or stolen. Keep all important documents, money, passports, tickets and valuables with you at all times. Avoid leaving these items in your suitcase. A money belt worn inside your clothing may be useful while traveling. Never leave hand luggage unattended in hotel lobbies or dining areas. Avoid exploring unfamiliar streets or areas alone. When sightseeing, secure valuables in the safe in your room or stateroom.

Durango and Silverton Railway, Colorado

KNOW BEFORE YOU DEPART

CURRENCY AND SPENDING MONEY

The local currency in North America is the US dollar (USD). For the most up-to-date exchange rate, check with your bank,a newspaper or www.xe.com (universal currency converter).

Before you depart, ensure your credit cards are valid for at least 30 days after your proposed date of return and that they are activated. You can obtain local currency at ATMs where available, but we advise you to always carry US$50-100 emergency cash. This should be enough to get you into town to withdraw more money. Remember to carry cash to cover restaurant bills and other services not included in your tour.

Note that hotel receptions and after-hours money exchanges carry high commissions and some stores do have a minimum spend amount for using a credit/debit card. Also note that most hotels require a credit card rather than cash card for a deposit upon check-in. Banks in North America are generally open from 9am to 5pm, Monday to Friday, although some might have extended hours including weekends.

ELECTRICAL APPLIANCES

In North America, the standard voltage is 120V, with a standard frequency of 60Hz. If you want to bring a hair dryer or shaver from home, make sure it is dual voltage (it should have a switch which you can move from 110/220 volts). If it is not, you will need a voltage adaptor. You will also need a plug adaptor, with two parallel flat prongs to fit North American sockets.

TRAINS

All passengers will be confirmed in the best available class for the group. On smaller train departures there may not be enough seats in First Class to accommodate groups or it may not be possible to secure seats for all guests in your party. Therefore, guests may be booked in Second Class to ensure the group remains together. Train tickets and seating often cannot be confirmed until closer to travel. Travelmarvel Great Rail Journeys will make all possible arrangements to ensure the group is seated together. In some instances, this may not be possible. It is also worth noting that seats on trains will be in either groups of two or four and some passengers may be required to travel backwards. Unobstructed views cannot be guaranteed. Train delays can often occur which is out of the control of Travelmarvel and Great Rail Journeys.

OVERNIGHT TRAINS

On the Trans-American Rail Journey, you will travel on overnight Amtrak trains. Please note the standard of these trains is of a lower standard. The standard cabin does not have private bathroom facilities and a shared bathroom is located on each carriage. The bedding configuration in all cabins is bunk beds. There is limited space within the cabin and you will be required to pack down to an overnight bag.

PASSENGERS REQUIRING ASSISTANCE

Accessible facilities on board trains and at stations can be limited and are not guaranteed. It is important to advise that doorways, hallways and public areas are narrow on board the majority of trains used in the Great Rail Journeys' program and that access can be difficult. This requires travellers to be mobile as the passages inside the carriages are too narrow for wheelchairs, and unfortunately, wheelchairs cannot be used in between carriages.

Additionally, coaches and minibuses used for transfers and daily excursions may not be equipped with wheelchair ramps. Passengers with a disability or medical condition requiring assistance must inform Travelmarvel at the time of reservation or as soon as possible if that has already passed. Facilities and services for passengers with disabilities differ among destinations and may be limited or non-existent. Guests requiring assistance must be accompanied by a person responsible for and physically able to provide all assistance. We regret that we cannot provide individual assistance to a guest for walking, getting on and off trains, tour buses and other transportation vehicles, or other personal needs.

HOTELS

Please note that there may be a charge for Wi-Fi at some hotels, and the connection varies between hotels and countries. Many hotels don't have tea and coffee making facilities or individual fridges in the rooms. Some facilities may be available in public areas or on request at an additional charge. Hair dryers, irons and ironing boards are also usually available on request. Some hotels may only have a bath, or some a shower over a bath.

COACH SAFETY

Passengers must remain seated at all times while the coach is in motion. Passengers using the emergency bathroom do so at their own risk. Hand luggage and other personal items should be stored in the overhead luggage racks or under seats to keep the aisles clear. Heavy or loose items should not be stored overhead. No passengers are permitted to remain on the coach during stops. Do not leave any valuable items on the coach. Please watch the stairs and overhead entrances when boarding the coach and check for traffic when exiting the coach. Please follow these safety precautions and take the time to note all emergency exits.

Please note: seat belts are not mandatory in parts of the USA and the coach may not be fitted with them.

LANGUAGE

The official language used by Travelmarvel Great Rail Journeys staff worldwide is English. All Tour Escorts and the local guides speak English.

The California Zephyr train along the Colorado River

AT THE AIRPORT AND IN THE AIR

CHECK-IN

It is important you arrive at the airport at least two hours before domestic flights and three hours before international flights. This allows time to check in baggage and present your passport and ticket, get seat assignments and boarding passes and go through security.

CHECKED LUGGAGE RESTRICTIONS

International carriers may impose fees or require you to remove articles if weight or size limits are exceeded. We recommend you contact your airline(s) or travel agent for specific information prior to departure, especially as size and weight limits can vary between airlines.

HAND OR CARRY-ON LUGGAGE RESTRICTIONS

For your comfort, limit hand luggage to one bag that fits under your aircraft seat or in the overhead compartment. On board the plane, ensure you have your passport, airline tickets, medication and all your travel documents in your hand luggage.

LUGGAGE TAGS

We strongly recommend that you label all pieces of luggage with your name, address and telephone number on the inside of your suitcase and hand luggage. For security reasons, keep all unchecked luggage in your immediate possession. Unattended luggage can be confiscated by airport personnel. Your Tour Director will provide additional tags on arrival that are specific for your tour group. These are easily identifiable by your Tour Director, as well as hotel and transfer staff.

LOST OR DELAYED LUGGAGE

Sometimes luggage is delayed during air transit. It is recommended to take a change of clothing and any essential medication in your hand luggage, or pack some clothing in your travel companion's bag. Place a copy of the hotel contacts inside each piece of luggage. If your luggage is lost this will help the airline find you. Should your luggage be delayed, it is the responsibility of the airline to deliver it to you. Claims for reimbursement should be submitted directly to the airline – a claim form should be filled out at the appropriate airline desk before leaving the baggage area. If you need assistance in contacting the airline for information regarding your delayed luggage, please ask your Tour Escort or local guide.

AIRPORT AND AIRLINE SECURITY

Most countries observe the following guidelines regarding liquid, aerosol and gel restrictions on flights. However, we recommend checking with your airline for clarification of regulations before you leave. Each container of liquids, aerosols or gels in your carry-on luggage must be 100ml or less. All must be sealed in a transparent, one litre (or less) resealable plastic bag. You may still carry prescription and non-prescription medicines that you need for the flight through the screening point.

Proof of need may be required. At the screening point, you will have to surrender any liquids, aerosols or gels greater than 100ml. This includes duty free items (at many airports, you are able to purchase duty free items after you have passed through the screening point for your international flight). Permissible items include empty containers, such as mugs or flasks; cosmetics and toiletries, such as sanitary items, talcum powder, contact lenses, and lens solution; solid foods; and medicines, including prescribed medication (e.g. insulin) and essential non-prescribed medication.

Items not allowed over 100ml include drinks in cans or bottles; liquid cosmetics and toiletries in liquid or gel form, such as perfumes, creams, and products in pressurised cans (e.g. hairspray, shaving foam or gel); aerosol deodorants; and liquid-based food products.

DELAYED OR MISSED FLIGHTS

If your flight is delayed or if you miss a flight, please call the Great Rail Journeys Europe office on +44 1904 521 900 with your new flight details, and they will do their best to reconfirm your transfer with their local representative. If you are not met due to a delayed or missed flight, please make your way to the hotel (perhaps by taxi). Retain receipts, in case you need to make a claim with your airline or travel insurance company.

CUSTOMS

To prevent the introduction of exotic pests and diseases on your return home, arriving travellers are screened and luggage is often inspected or x-rayed by customs or quarantine officers. All food needs to be declared, as well as items of plant (including wood) and animal origin. Travellers should also declare items on which duty or tax might be payable (check with customs about the duty free concession). See also the customs website listed on page 6.

DURING YOUR FLIGHT

- Wear loose clothing and comfortable shoes during your flight.
- Eat light meals, drink plenty of water and minimise caffeine and alcohol consumption.
- Alleviate pressure in your ears by chewing gum, yawning, swallowing, or gently blowing your nose.
- Avoid wearing contact lenses during your flight, as aircraft cabin air tends to dry them out. To avoid swollen legs and to reduce the risk of deep vein thrombosis, wear knee-high flight socks or compression stockings on flights lasting three hours or more.
- Move as much as possible during the flight; walk the aisles, stand and stretch your legs, and flex and extend your lower legs, calf muscles and feet when seated.
- If you arrive in the morning, try to sleep during your flight so you can stay awake until the evening. This will help you adapt to the new time zone and to avoid jetlag.

ARRIVAL INFORMATION

AIRPORT TRANSFERS

Transfers must be prearranged at the time of booking and flight details need to be provided to confirm this service. You will be welcomed on arrival by a local representative, who will be holding a Travelmarvel Great Rail Journeys sign. If you cannot locate this representative, please contact the number for your transfer company on your personalised itinerary. Alternatively, you can call the main Great Rail Journeys Europe office for assistance on +44 1904 521 900 or the numbers stated on your personalised itinerary.

TRANSFERS NOT ARRANGED BY TRAVELMARVEL

If you have independent travel arrangements prior to your Travelmarvel Great Rail Journeys tour, and do not have a transfer, the Tourist Information Office at your arrival city will be able to offer further assistance with directions to the hotel. If you require any assistance, please contact the main Great Rail Journeys Europe Office on +44 1904 521 900 or the numbers stated on your personalised itinerary.

HOTEL INFORMATION

Check-in

The official check-in time at most hotels is 4pm local time; however, where possible, Travelmarvel Great Rail Journeys and your hotel will do their utmost to have your room available earlier. If your flight arrives in the morning, luggage can be dropped off at the hotel before check-in and delivered to your room later.

Checkout

Checkout times vary, but are usually at 11am or noon. If you have a late afternoon or evening flight, most hotels have a luggage room where you can store your luggage until you depart for the airport.

Information

Your Tour Escort will meet you after your arrival at the tour hotel on Day 1 or 2. Please refer to your personalised itinerary for timings. Your Tour Escort will also provide information on any options available for your free days when touring is not included.

GUEST FEEDBACK

We are sincerely interested in your detailed comments about your experience and holiday. We strive to further improve our tours in response to these comments. On tour, you will be asked to complete a form online. By advising us of your travel preferences and interests, you can help us develop tours and customer programs that meet your needs.

GRATUITIES

On all Travelmarvel Great Rail Journeys, gratuities to your Tour Escort are included in the tour price. This also applies to local guides and/or drivers.

GRATUITIES WHEN TOURING INDEPENDENTLY

In North America, it is customary to tip people providing services such as taxi drivers, door attendants and hairdressers. Tipping in restaurants and bars is expected, although you are advised to check your bill to see if a tip has been factored in for you. Your Tour Escort can assist you on when to tip and how much. As a guide, a restaurant waiter should be left (on the table as you leave) approximately 15-25% of the total bill, depending on the establishment. In bars, you should give the bartender approximately US$1 per drink, although you may want to be a bit more generous for the first round, ensuring good service.

MINORS

Minors under the age of 18 travelling to foreign countries must be accompanied by an adult and have a notarised letter of consent signed by the parent(s) not travelling with them. Parents, guardians and chaperones are responsible for overseeing the conduct of minors in their care. As such, minors may not be left unsupervised. A parent or legal guardian must accompany children under the age of 18 on all tours. Please contact our Reservations Team for more information.

EMERGENCY CONTACT INFORMATION

In an emergency, your family/friends can call Travelmarvel during normal business hours on:

Australia: 1300 300 036
New Zealand: 0800 278 800

Alternatively, please call Great Rail Journeys during European office hours on:
United Kingdom: +44 1904 521 900
or out of hours on: +44 1904 521 999.

STAYING HEALTHY ON HOLIDAY

It's important for you to be as healthy as possible before you travel, and to maintain your health by applying good hygiene practices while on tour. Respiratory and gastrointestinal illnesses, while usually minor in nature, can spread rapidly within a tour group, and have a major impact on everyone's enjoyment.

Travelmarvel is committed to reducing the spread of infections on all tours and asks that you read and follow our recommendations to ensure a healthy, safe and enjoyable holiday for yourself and your fellow travellers.

BEFORE YOU GO

Get walking

As your tour or cruise will involve some sightseeing by foot, and you will be required to embark and disembark ships and other forms of transport, you will enjoy it more if you start exercising ahead of time. In the lead up to your trip, we recommend you start walking three times a week (including some steps), building up to an hour at a time. This will ensure you have the stamina and energy to see and appreciate all the sights your tour or cruise has to offer. You should ensure your walking shoes fit properly and have been broken in prior to departure.

See your GP

Your GP or travel clinic is the best source of information about preventative measures, including vaccinations. We recommend consulting your GP or local travel clinic for detailed advice to ensure you are prepared before you travel. Please take a copy of your travel itinerary with you to assist with the recommendations of the appropriate medication and vaccinations. If you have health problems, ask your doctor to prepare your medical history for a foreign doctor. It should include your name, address, emergency contact, blood type, medical history, current medications and dosages, drug allergies, reasons for prior hospitalisation and a list of vaccinations and dates.

A copy of your prescriptions is vital in case of any health problems. Prepare a list of your medications, including the name, dosage, prescribing doctor and their phone number. Pack sufficient medication for the duration of your tour. Your medication should be kept close at hand in your purse or carry-on bag. We recommend carrying a list of your medications in case they are lost. Remember to leave everything in its original container so it can be easily identified. It is also a good idea to bring a copy of your prescription for glasses or contacts.

PACK A MEDICAL KIT

A small medical kit is recommended for all travellers. Pharmacies in large cities will likely stock most basic medicines and supplies, but they may be difficult to access, and a prescription may be required for some medications. Your medical kit should include:

- Your preferred cold and flu medication (e.g. cold and flu tablets, throat lozenges and nasal decongestant).
- Your preferred painkiller (e.g. paracetamol or ibuprofen).
- Medicine for gastrointestinal upsets (e.g. antacids, 'stoppers' for diarrhoea and a laxative for constipation).
- Other supplies, including elastic plasters, blister pads, scissors, tweezers and eye drops for dry eyes.

TRAVELMARVEL HEALTH AND WELLNESS POLICY

Travelmarvel has an On Tour Health and Wellness Policy that all our Tour Directors, Tour Escorts and Cruise Liaisons are required to adhere to on tour. You will be requested to assist in reducing the spread of viruses during your tour by following their instructions in regard to masking, physical distancing, isolation and any other direction they might give, if you or another traveller shows symptoms of illness. More details about our current policy can be found on our Health and Wellbeing information page.

ON TOUR

Practising good hygiene is vitally important in stopping the spread of common viral infections such as colds, influenza or gastroenteritis, all of which can spread quickly.

Practise good hygiene

Washing your hands is the most effective way to reduce the risk of contracting and spreading infections. Health experts recommend frequent hand washing with hot water and soap for 20 seconds or longer, before eating, after sneezing or coughing and after touching high-contact surfaces (such as door knobs, elevator buttons and railings). Please be mindful of your fellow travellers with respect to coughing, sneezing and the disposal of used tissues. Hand sanitiser dispensers are located in various public areas on board all our ships and coaches. Please make sure you make use of these when reboarding and before all meals.

Colds and flu

Viral respiratory infections are the most common infectious illnesses affecting travellers. Colds and flu are primarily spread by people coughing, so please practise good hygiene and respiratory courtesy by washing your hands often, covering your coughs and sneezes, and using anti-bacterial wipes and hand sanitiser frequently, especially after shore excursions and prior to meals. The flu vaccine protects against viruses expected to be prevalent during the flu season. You should discuss this with your GP.

Gastro and traveller's diarrhoea

Traveller's Diarrhoea is the second most common infectious illness affecting travellers. The illness can be due to a number of different bugs, including viruses and bacteria. Viral gastroenteritis is generally spread by person-to-person contact, whereas bacterial gastroenteritis is generally spread from consuming contaminated food or water.

SUN EXPOSURE AND DEHYDRATION

The weather will vary on your tour. Drinking plenty of water is important to prevent dehydration. A hat and good sunscreen are important for preventing sunburn, even on overcast days.

ALTITUDE SICKNESS

Acute mountain sickness (AMS) is a condition caused by ascending to high altitudes. Symptoms include headaches, a lack of appetite, nausea, dizziness, fatigue or weakness. We recommend consulting your GP for their opinion as to whether you may require preventative medication. To reduce symptoms of altitude sickness, we recommend drinking plenty of fluids, such as water, fruit juices, and herbal tea, and avoid caffeinated and alcoholic drinks. The highest elevations on our tours are approximately 2,300 metres in the Canadian Rockies and approximately 1,100 metres in the eastern capital cities. You may experience shortness of breath, mild fatigue and a slight headache. Please inform your Tour Director if you experience any of these symptoms.

UNITED STATES OF AMERICA

It may be helpful to do some research on the locations that you will be visiting. The more you know about your destination, the more you'll appreciate all that you see when you arrive. During your travels, you'll encounter new customs, culture and lifestyles. Appreciate and enjoy the differences, as this process of discovery is one of the many benefits of travelling. Despite language barriers, a smile is universal. Friendliness and tolerance towards others, including your fellow travellers, Tour Director and crew, is essential for everyone's enjoyment of the tour.

Culture

When it comes to global cultural influence, America is in a class of its own. American pop culture touches every corner of the globe. No matter the genre – music, television, media, the silver screen, scandals and sinners – America has exported itself as only America can: brash, individualistic, pervasive and bold, there to succeed, a constant stream of ready-made culture as easy to consume as a TV dinner, delivered like fast food. From outer space to muscle cars, Americanisation is everywhere.

Currency

The basic unit of currency in the United States is the US Dollar. In paper form it is available in $1, $2 (rare), $5, $10, $20, $50 and $100. They are all the same size and colour and can be easily confused. Coins are available in 1 cent (penny), 5 cents (nickel), 10 cents (dime), 25 cents (quarter), the rare 50 cents (half dollar) coin as well as the $1 coin.

Time zone

The United States uses nine standard time zones. Pacific Time is the westernmost time zone and is eight hours behind Greenwich Mean Time.

Weather

In the USA, weather can vary considerably from temperate conditions along the East Coast to dry deserts in Las Vegas. Generally, western and southern parts of the country are warmer than eastern and northern areas.

East Coast USA

From bustling cities and iconic landmarks to pristine beaches and historic parks, the East Coast offers an incredible array of renowned and breathtaking sights.

Time Zone: GMT-5

Famous for: Frank Sinatra, Broadway, politics, Walt Disney World.

Largest City by Population: New York City (8.7 million).

West Coast and Southwestern USA

There's so much to love about the West Coast and Southwestern USA — from the sun-drenched shores of San Diego and the rugged bluffs of central California to Oregon and Washington's dramatic coastlines. Experience the glitz of Los Angeles and Las Vegas, marvel at the awe-inspiring Grand Canyon and Bryce Canyon, and discover even more along the way.

Time Zones: Pacific Standard Time (GMT-8); and Mountain Time (GMT-7).

Famous for: Hollywood, Silicon Valley, rock climbing, Disneyland, Grand Canyon.

Largest City by Population: Los Angeles (3.9 million).

USEFUL INFORMATION

HEALTH-RELATED WEBSITES

Australia

- traveldoctor.com.au
- travelclinic.com.au
- travelvax.com.au
- smartraveller.gov.au
- tga.gov.au/travelling-medicines-and-medical-devices

New Zealand

- safetravel.govt.nz

United Kingdom

- fitfortravel.nhs.uk
- travelhealthpro.org.uk
- masta-travel-health.com

Customs

Australia: homeaffairs.gov.au
New Zealand: customs.govt.nz
UK: gov.uk/browse/abroad/travel-abroad

Visa Information

Australia: smartraveller.gov.au
New Zealand: safetravel.govt.nz
UK: gov.uk
Climate: climate-zone.com
Time: timeanddate.com/worldclock
Currency Conversion: xe.com

TRAVELMARVEL TRAVEL CENTRES

Australia

Building 4, Level 1, 15 Cochranes Road, Moorabbin Vic 3189

P: 1300 300 036 (within Australia)
E: info@travelmarvel.com.au
W: travelmarvel.com

New Zealand

Level 1, 20 Augustus Terrace, Parnell, Auckland 1052

P: 0800 278 800 (within New Zealand)
E: info@travelmarvel.co.nz
W: travelmarvel.com

United Kingdom

3rd Floor, 52 Grosvenor Gardens, London SW1W 0AU

P: 0800 012 6686 (within the UK)
E: info@aptouring.co.uk
W: travelmarvel.com

North America

Suite 530, World Trade Centre, 999 Canada Place, Vancouver, British Columbia, V6C 3E1

P: +1 778 300 1058 (within North America)
W: travelmarvel.com

TRAVELMARVEL
Travel More

Part of APT Travel Group
Follow us @travelmarveltours