



Luxury Travel
since 1927



Africa to a T.

ESSENTIAL TOUR INFORMATION

PREPARE FOR YOUR TRIP

Passports and Visas

Full passport details must be provided at time of deposit. Passports must be valid for at least six months beyond your return date home. We recommend a validity of at least nine months to avoid issues. There must be at least three blank visa pages in your passport (not endorsement pages). It is your responsibility to ensure you have all necessary permits and visas for the countries you plan to visit. Certain countries in Africa require a visa to visit. Failure to obtain correct documentation may affect entry into certain countries visited on tour. Visa and entry requirements vary depending on your nationality and may change with little or no notice. APT strongly recommends checking with the relevant consulates or embassies for the most current information regarding entry requirements, associated fees, and processing times.

Travel Insurance

We strongly recommend purchasing comprehensive travel insurance prior to making final payment for your booking. At a minimum, your travel insurance policy should cover the following: trip cancellation prior to departure (including for medical reasons), overseas medical expenses, emergency evacuation, accidental death, costs arising from travel delays, and loss or damage to luggage.

General Physical Fitness

APT tours and cruises are not physically demanding. However, because of the nature of many of the sites you will be visiting, you will require a good level of fitness and health to participate. Several tours may not be appropriate for guests with certain medical conditions and physical restrictions. Walking tours often involve uneven terrain, cobblestones, stairs, and steep inclines. Distances between hotel rooms and lobbies

may vary, and guests should be able to walk these independently (unless accompanied by a travel companion). Additionally, 4WD safaris and tours may cover areas of rough terrain, if you have any concerns about your neck or back, consult your doctor prior to travelling. You should be comfortable standing for extended periods, such as on guided walking tours, airport check-ins, and customs procedures and be able to walk up some steps or stairs to either a restaurant or your accommodation. You may encounter gaps between the steps to the helicopter flight in Victoria Falls and the light aircraft flights in East Africa. The itinerary also involves long travel distances and may include early morning departures, particularly when aligned with airline schedules.

See Your GP

Your GP or travel clinic is the best source of information about preventative measures, including vaccinations. We recommend you consult your GP or local travel clinic no later than 8–10 weeks prior to departure for detailed advice to ensure maximum pre-travel preparation. Please take a copy of your travel itinerary with you to assist with the recommendations of appropriate medication and vaccinations. Ask your doctor to prepare a medical summary for use in case you need to see a doctor abroad. This should include:

- Your name, address, and emergency contact
- Blood type
- Medical history
- Current medications and dosages
- Drug allergies
- Reasons for any prior hospitalisations
- A list of vaccinations with dates

Staying Healthy on Tour

It's important for you to be as healthy as possible before you travel and to maintain your health by applying good hygiene practices while on tour. Respiratory and gastrointestinal illnesses, while usually minor in nature, can spread rapidly within a tour group and have a major impact on everyone's enjoyment. APT is committed to reducing the spread of infections on tours and asks that you read and follow our recommendations to ensure a healthy, safe and enjoyable holiday for you and your fellow travellers.

APT Health and Safety Protocol

APT has created a Health and Safety Protocol that all our Tour Directors are required to follow. To help reduce the spread of illness while on tour, you may be asked to take precautionary measures if you're showing symptoms of a cold or virus. These may include wearing a face mask, eating meals in your room or cabin rather than in shared dining areas, or remaining in your accommodation until symptoms improve.

Allergies

If you have a food allergy or another condition that needs to be managed on tour, please advise your booking agent as soon as possible, as well as your Tour Director upon arrival, as most suppliers require advance notice to accommodate this. In some cases, you might be asked to fill out a form or waiver. All suppliers will endeavour to cater for allergies, but this may not always be possible and cannot be guaranteed.

Sleep Apnoea

CPAP machines can be accommodated on tour, but we require advance notice along with the dimensions, weight and, if possible, the make and model of the machine. This will then be passed on to our suppliers to ensure it can be accommodated. Additionally, you will need to take your own power adaptor.

Electrical Outlets

Power outlets in Africa vary by country, with voltages ranging from 230 volts in South Africa and Botswana to 240 volts in Kenya. We recommend bringing an international adapter to access power in

the region. A power board is also useful for charging multiple devices. Tented camps like Karen Blixen in the Maasai Mara use generator power. To conserve electricity, power will be turned off during game drives and late evenings, returning just before dawn. Given the frequent power outages in Kenya and Tanzania, even those properties that do have full 24-hour electricity may not be able to have their power running overnight.

Food and Beverages

Meals are included as per your tour itinerary. Breakfast is typically served buffet-style with hot and cold options. Lunches and dinners, when provided, may be buffet or set menu with two or three courses. Water, tea, and coffee are included with all meals. Welcome and farewell dinners include one alcoholic drink (house wine or beer). Additional drinks are at your own expense. APT is committed to reducing waste by removing single-use plastics – starting with water bottles.

Hotel Accommodation

Twin and double-bedded rooms can be requested throughout Africa. We will do our best to accommodate your preferred bed configuration request. **Please note** this may not always be possible. Some hotels and lodges do not provide in-room tea and coffee-making facilities. These may be available upon request, sometimes at an additional charge. Hair dryers, irons, and ironing boards are generally available on request at most hotels. Bathroom configurations may vary, but mainly featuring a separate shower, however, there will be some rooms offering a shower over the bath.

Around the Camp or Lodge

When staying at camps and lodges within game reserves, you are restricted to walking only on the designated paths. Guests are escorted around camp (to and from their tent and eating areas etc.) by local Maasai warriors, especially after dusk. **Please note** local Maasai warriors will likely be armed with a spear or bow and arrow/sling weapon. They will not be armed with a firearm. Longer walks will be taken with a guide or ranger but cannot be taken unaccompanied.

ON TOUR INFORMATION

Safari Vehicles

All game drives and travel in East Africa will be conducted in 4WD vehicles, which are of the highest quality available in Africa. They are equipped with roof hatches which enable you to stand up and view the game. We use six to eight seat vehicles, allowing each passenger to gain an up-close wildlife experience. Although there are no toilets on board the 4WDs, the driver will make stops as required, when possible.

Water Based Activities

Tours in Botswana will participate in water-based activities. These are conducted by experienced professional guides who will expertly navigate guests through the reed-lined waterways of the Okavango Delta in a traditional mokoro (dugout canoe), or in a motorboat along the Chobe River.

Game Viewing on Safari

On safari, you may be taken into close contact with wild animals. Some safari lodges and camps are not fenced, and wildlife freely moves in and around these areas. Always follow safety instructions from your guide and lodge or camp staff when moving to and from your tent, as well as during game activities. All guides in Africa are highly skilled in understanding and recognising animal behaviour and would not put guests in unnecessary danger. In Southern Africa and Botswana, rangers and guides carry firearms on game drives for safety. Due to local regulations in East Africa, firearms are not carried on our safari vehicles.

Village and School Visit

We kindly request that guests refrain from bringing gifts during their visits to the village and school, as this can create conflicts among the children. If you wish to donate, we encourage you to contribute through APT Travel Group's OneTomorrow charitable fund. This fund directly

supports Kilimatembo School. During your visit to the school, while touring Tanzania, you will have the opportunity to see firsthand the positive impact of these contributions.

Local Payments

Please be aware that while the majority of properties and services on tour accept credit and debit card payments, these may attract additional fees. In addition, some properties – particularly in East Africa – do not have card facilities, so we recommend carrying some cash. Your Tour Director can assist you during the tour with locating a bank or ATM where available.

In an Emergency

All APT vehicles in East Africa are equipped with mobile phones and radios, ensuring constant communication with safari camps and lodges. Emergency contact numbers for both the Southern African and East African tour components are included in travel documents and are available 24/7. The Safe Travels Plan by rescue.co offers a special Tourist Membership, providing air transport for any member who becomes ill or injured while on safari. APT has paid for this extra coverage for all passengers on group safaris in East Africa.

Delayed or Missed Flights

In the unfortunate event that you miss a flight completely or that you are delayed substantially, please advise the airline representative that you are a cruise/group tour passenger bound for a specific start location, date and time. Be sure to advise APT of your new travel arrangements immediately.

Flights Within Africa

All Economy Class flights within Africa are included in the tour price. APT has selected the best available flight connections to enhance your holiday experience. **Please note**, some flights may depart early in the morning or late in the afternoon. Your Tour Director will keep you informed of any flight changes throughout the tour and will assist you at the airport as needed. Guests will not be escorted by the Tour Director on the flight between Southern and East Africa. Please be aware that pre-assigned seating and group check-in cannot be guaranteed. Group members may be seated in different rows on the aircraft.

Lost or Delayed Luggage

If you lose luggage or personal belongings prior to joining your tour, please contact a representative of your chosen airline at the airport. If you lose luggage or personal items during the tour, please inform your Tour Director immediately for assistance.

Luggage Restrictions

Checked Luggage

International airlines may impose fees or require you to remove articles if weight or size limits are exceeded. We recommend that you contact your airline(s) or travel agent for specific information prior to departure, especially as size and weight limits can vary between airlines.

Botswana Luggage

Due to the smaller aircraft used to travel within Botswana, you can only travel with a maximum of 20kg of luggage inclusive of hand luggage and camera. You must bring your own fully soft sided bag. Hard cases or bags with any rigid structure are not permitted.

Southern Africa

Maximum of 20kg checked in luggage. No restriction on type of bag, however if Southern Africa is combined with Botswana or East Africa, you need to be aware of restrictions on those portions of the tour.

Kenya and Tanzania

Due to the smaller aircraft used to travel within East Africa, you can only travel with a maximum of 15kg of luggage inclusive of hand luggage and camera. You must bring your own fully soft sided bag. Hard cases or bags with any rigid structure are not permitted. There will be secured storage available for excess luggage, returned to you at the end of the tour. If you are travelling from Southern Africa, you will need to pack down.

Airport Transfers

APT provides airport transfers within Africa on the first and last days of your tour. Transfers are also included for pre- or post-tour accommodation booked directly with APT, provided the stay occurs before the first day or after the last day of the tour. Please note: Transfers cannot be redirected to alternative pick-up points or destinations. No refunds will be issued for unused transfers. Passengers who miss their scheduled transfer must arrange their own transport to or from the hotel at their own expense. Transfers must be booked and confirmed with APT at least 60 days prior to departure; otherwise, they cannot be guaranteed. Transfers in connection with domestic flights within Africa are included as outlined in your itinerary.

Hotel Information

Check-In

The official check-in time at hotels is between 2pm and 3pm local time, however, where possible, the hotel will try to have your room available earlier. If your flight arrives earlier, luggage can be stored at the hotel before check-in and will often be delivered to your room later.

Check-out

Hotel check-out times may vary but are typically between 10am and 11am. If your flight departs in the late afternoon or evening, most hotels offer a luggage storage facility where you can securely store your bags until departure.

APT TRAVEL CENTRES

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*This booklet is designed as a guide to assist you when preparing for your tour. Much of the information within is subject to change and, while all care has been taken to ensure information is correct at the time of publication, we cannot take responsibility for any subsequent alterations. Effective March 2026. Publication No. APT-6982



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