



Luxury Travel
since 1927

China to a T.

ESSENTIAL TOUR INFORMATION

PREPARING FOR YOUR TRIP

Passports

Ensure your passport is current and valid for at least six months after your return date. Always carry your passport, along with other travel documents, in your hand luggage. Keep photocopies in a separate bag while travelling and leave a copy at home with family or friends for emergencies. Please ensure you provide your full name exactly as it appears on your passport, including middle name(s), to avoid name change fees. APT is not liable for delays or missed portions of your holiday due to incorrect travel documents or visas.

APT will require passport details 90 days prior to departure in order to obtain the relevant permits. We require colour copies showing both information pages with the photos and edges showing fully, to avoid any issues.

Travel Insurance

Travel insurance is not included in your holiday package. We strongly recommend purchasing comprehensive travel insurance that covers, without limitation, the full cost of your holiday package, medical costs, medical evacuation, loss of luggage, and any additional charges for cancellations due to both land and air travel disruptions, natural disasters, industrial actions like strikes, before you depart. Confirm that your insurance covers you for the entire duration of your holiday and check what circumstances and activities are not covered by your policy. Remember to carry a copy of your policy in case you need to make a claim while on tour. Ensure all pre-existing medical conditions are declared to the insurer so that non-covered conditions

are identified in advance. We recommend that your travel insurance includes coverage for events such as itinerary disruptions, as we will not be liable for any direct or indirect costs incurred due to such events or other factors beyond APT's control.

Visas

It is your responsibility to ensure that you have the appropriate visas required to enter all the destinations included in your itinerary. This may include any transit visas required to travel to or from your destination.

China

Australian and New Zealand passport holders can visit China for tourism without a visa, for stays of up to 30 days. China introduced a visa waiver program for Australian passport holders effective from 01 July 2024 until 31 December 2025. Visa requirements for 2026 have not yet been confirmed, and we recommend checking with the Chinese Embassy, or your travel consultant, closer to departure.

British passport holders must apply for a visa at least 30 days before departure.

All other nationalities not mentioned should contact their local consulate for visa requirements. For further information or queries, please refer to your itinerary or speak with your booking agent.

Please note that visa conditions are subject to change and can change with very little notice.

WHAT TO PACK

Luggage

The luggage limit on your tour is one suitcase weighing 20kg (44 pounds). We advise keeping your luggage to a manageable weight, as you may be required to handle your luggage independently at airports and hotels. Additional fees will be charged to cover portage handling of any excess luggage. Your Tour Director will provide details of any additional charges. If your tour includes flights within China the luggage limit is 20kg. If this weight is exceeded, an excess luggage fee may be charged at the time of check-in for each flight.

Clothing and Footwear

We highly recommend packing comfortable clothing and sturdy walking shoes. We recommend dressing modestly while travelling in China. Carry a scarf or shawl in case you need to cover your head or shoulders when entering private homes and religious or government buildings. It is also customary to remove shoes before entering temples and private homes.

Smart casual clothing is recommended when dining at restaurants or aboard the Yangzi Explorer. Singlets and thongs are not permitted in dining rooms. There will be no formal or black tie events, but you may want to pack something smart to wear for the welcome and farewell dinners.

We recommend that you pack a variety of light to medium-weight clothing, plus rain wear in case of cooler or wet weather. Layers are a good option to cover a range of temperatures and to suit changing conditions.

Travel Documents

- Passport and any required visas.
- Travel insurance policy including policy number and emergency contact number.
- Travel vaccination certificates (if required).
- Airline e-tickets, APT itinerary and Essential Information (electronically).
- Wallet or money belt (cash, credit cards, bank cards).
- Photocopies of important documents, such as spare passport photos, important addresses and contact numbers.

Personal Items

- Backpack (containing extra layers, water, rain gear, snacks, sunglasses, prescription glasses, small umbrella, etc.).

- Reusable water bottle.
- Medications and copies of prescriptions.
- Sunscreen, lip balm, hand sanitiser, sunglasses and sunhat.
- Clear zip-lock bag to contain all liquids, gels, and aerosols from inside your carry-on luggage.
- Antibacterial gel/wipes.
- Travel-size toiletries (shampoo, conditioner, soap, body lotion, insect repellent).
- Smart casual clothing such as long-/short-sleeved shirts, jeans, trousers, shorts, skirts, socks, underwear and sleepwear.
- Comfortable footwear such as sneakers.
- Windproof jacket.

Travel Accessories

- Electronics such as mobile phone, iPad/tablet, laptop.
- Camera with memory card and charger.
- Power adaptor and current converter for the country you are travelling to.
- Power board for charging multiple devices.
- Digital sim card (e-sim), offered on new-model mobile phones, can be pre-purchased in your country of residence and activated upon arrival at your destination. Check if your phone accepts e-sims.

Pack a Medical Kit

A small medical kit is recommended for all travellers. Pharmacies in large cities will likely stock most basic medicines and supplies, but they may be difficult to access and a script may be required for some medications.

Valuables and Security

Do not take anything valuable or irreplaceable with you that will create emotional or financial hardship if lost or stolen. Carry all valuable documents, cash and credit cards with you in your hand luggage. Do not pack these important items in your suitcase. You may find a money belt, worn inside clothing, useful while traveling. Hotel rooms offer a security safe in which you to store valuables. Please ensure you remember not to leave anything in the safe before checking out of your hotel room.

KNOW BEFORE YOU DEPART

General Physical Fitness

APT cruises and tours in China can be physically demanding. Many of the sites you will visit require a high level of fitness, as well as good health and mobility, to fully participate. Some trips may not be appropriate if you have any certain medical conditions or mobility restrictions. Some excursions involve extensive walking, including standing on your feet for extended periods, navigating uneven or loose ground, stairs, and steep inclines.

GETTING ON AND OFF THE SHIP

During the Yangzi Explorer cruise, you will be required to climb into smaller boats to be transferred to shore for your sightseeing. In ports where we dock directly against the shore, the landing areas are not established ports, so you may need to walk up and down embankments.

Get Walking

As your tour will involve sightseeing on foot, you will enjoy it more if you start exercising ahead of time. In the lead up to your trip, we recommend taking walks three times a week, including stairs, gradually building up to an hour at a time. This will ensure you have the stamina to see and appreciate all the sights on your tour and cruise.

Vaccinations and General Health

Your GP or travel clinic is the best source of information about preventative measures, including vaccinations. We recommend

consulting your GP or local travel clinic for detailed advice to ensure you are fully prepared before travelling. Please take a copy of your travel itinerary with you to assist with recommendations, and ask your doctor to prepare your medical history for a foreign doctor.

Vaccinations may be required for travel to China. We recommend consulting your GP or travel clinic at least 8–10 weeks before departure for the latest travel vaccinations and medical advice.

Air pollution can reach dangerous levels, especially in winter. It can disrupt transport and cause breathing problems. Discuss your travel plans with a doctor if you have an existing health condition.

Medications

Prepare a list of your medications, including the name, dosage, prescribing doctor, and their phone number. Pack sufficient medication for the duration of your tour.

Allergies

APT requires you to advise us of any allergies or dietary requirements both when booking and upon arrival with your Tour Director. Most suppliers need advance notice to cater to any allergies and dietary requirements. While APT will pass on your requirements to the relevant suppliers, we cannot guarantee our suppliers will accommodate all requests. Please note that you may be required to fill out an allergy form for our third-party suppliers.

AT THE AIRPORT AND IN THE AIR

Check-In

It is important to arrive at the airport at least two hours before domestic flights and three hours before international flights. This will give you time to check your baggage, present your passport and ticket, receive your seat assignments and boarding passes, and go through security procedures to reach the boarding area. Please check with your airline and the airport for the current recommended arrival times, and ensure you arrive at the airport on time.

Many airlines now offer online check-in 24-48 hours prior to departure. Please check with the relevant airline/s if they offer online check-in for your flights. Your airline booking reference can be found on your e-ticket.

Internal Flights

Flights within China are included in the tour price where stated on the itinerary. These flights are booked by APT's ground operator, and the flight details will not appear on your final documentation. Your Tour Director or local guide will carry all necessary documents for these flights including the e-tickets. Please note all flights included in your tour are in economy class and have a luggage limit of 20kg.

Checked Luggage Restrictions

International airlines may charge fees or require you to remove items if your luggage exceeds weight or size limits. We recommend carefully checking your airline ticket for the maximum luggage allowance for each flight.

Lost or Delayed Luggage

Luggage may occasionally be delayed during air transit. We recommend carrying a change of clothing and any essential medication in your hand luggage, or packing some clothing in your

travel companion's bag. Please ensure your name and contact details are attached to your luggage so the airline can contact you in the unlikely case it is lost. If your luggage is delayed, the airline is responsible for delivering it to you. Claims for reimbursement should be submitted directly to the airline, and a claim form should be filled out at the appropriate airline desk upon arrival. If you need assistance in contacting the airline for information regarding your delayed luggage, please ask your Tour Director or local guide.

Delayed or Missed Flights

In the unfortunate event that you miss your flight or experience a significant delay, please inform the airline representative that you are booked on a group tour with a specific start location, date, and time. Be sure to notify APT of your new travel arrangements immediately.

Airport Transfers

If you have confirmed arrival transfers, you will be welcomed upon arrival by a local representative holding an APT sign with your name on it. If you cannot locate your transfer representative, refer to your itinerary for the relevant contact number to call. If you miss the pre-booked transfers, you must make your own way to and from the hotel at your own expense. Flight details must be provided at least 60 days prior to departure in order to confirm the airport transfers. Transfers cannot be re-routed to other pick-up points or destinations. No refund will be given for unused transfers.

Transfers Not Arranged by APT

If you have independent travel arrangements prior to your APT tour and do not have a transfer, please make your own way to your APT hotel for the first day of your tour. All hotel addresses and contact details are outlined towards the end of your personalised itinerary.

HOTEL INFORMATION

Check-In

Hotel check-in time is generally around 3pm local time, but where possible, the hotel will try to have your room available earlier. If your flight arrives in the morning, luggage can be dropped off at the hotel before check-in and stored until your room is ready.

Check-Out

Check-out times may vary, however, they are usually between 11am and noon. If you have a late afternoon or evening flight, most hotels have

a luggage room where you can store your bags until your departure, though a fee may apply. A hotel day room may also be arranged with the hotel directly at an additional cost (subject to availability).

Safety Deposit Box

All hotel rooms are equipped with a personal safe. It is recommended that you place your valuables in the safe when away from your room.



China's iconic panda bear

GENERAL INFORMATION

Cruise/Tour Director

Your Cruise or Tour Director is a highly trained and experienced industry professional, committed to making your holiday memorable. Their informed and entertaining commentary will showcase their passion for and knowledge of the regions you visit. Backed by our dedicated support staff, their organisational skills will ensure your trip is truly hassle-free. From the moment you join the tour, nothing is too much trouble. They are on hand to ensure your comfort, take care of all arrangements and answer any queries. All staff, crew and local guides speak English.

Guest Feedback

As part of our commitment to providing quality touring experiences, we welcome and encourage your feedback. Towards the end of your tour, your Tour Director will ask you to complete a feedback form. Please take the time to answer the questions and make relevant comments. Each feedback form is read and a summary of each tour is given to all members of APT management. Where necessary, relevant action is taken to rectify any problems.

Gratuities

On all APT holidays, gratuities to your Tour Director, ship crew, local guides, drivers, as well as portage and restaurant service staff, are included in your holiday package. If you wish to reward any individual for exceptional service, this is at your discretion. Should you purchase additional services or extended touring that is not organised by APT, a

tip is customary and expected for good service. When eating out, it's customary to leave a tip of 10-15% of the bill. In some instances, a service charge will automatically be added to the bill.

Credit Cards

In China, credit cards will be accepted in hotels and large shops. It is also recommended to have some cash on hand, as some smaller establishments may not accept cards or mobile payments.

Internet Accessibility

China has highly developed internet infrastructure, but internet access is heavily regulated and censored. Please note some websites you are accustomed to visiting may not be accessible in China.

Electricity

In China, the standard voltage is 220V at 50Hz, and the most common socket types are Type A (two flat pins) and Type I (three flat pins).

EMERGENCY CONTACT INFORMATION

With your final documentation, we have provided you with some important phone numbers and other information. Our local representatives are also available to assist with any needs that may arise while you are on tour. In an emergency, your family and friends can call APT during normal business hours on:

Australia: 1300 336 932 or +61 3 8526 1300

New Zealand: 0800 223 368

STAYING HEALTHY ON HOLIDAY

It's important for you to be as healthy as possible before you travel and to maintain your health by applying good hygiene practices while on tour. Practicing good hygiene is vital in preventing the spread of common viral infections such as colds, flu or gastroenteritis, which can spread quickly. Respiratory and gastrointestinal illnesses, while usually minor in nature, can spread rapidly within a tour group and have a major impact on everyone's enjoyment. APT is committed to reducing the spread of infections on all tours and asks that you read and follow our recommendations to ensure a healthy, safe and enjoyable holiday for yourself and your fellow travellers.

APT's Health And Safety Protocol

APT has created Health and Safety protocols that all our Tour Directors are required to adhere to. If you are showing symptoms of a cold or other virus while on tour, you may be asked to assist in reducing the spread of illness. You may be required to wear a face mask, have meals in your room instead of the dining room, or remain in your room until the symptoms improve. For our most up-to-date protocols, please refer to our website.

Practice Good Hygiene:

- Washing your hands is the most effective way to reduce the risk of contracting and spreading infections.
- Health experts recommend washing your hands often with warm water and soap for 20 seconds or longer before eating, after sneezing or coughing, and after touching high-contact surfaces such as door knobs, elevator buttons and railings.
- Please be mindful of your fellow travellers by covering your mouth when coughing or sneezing, and by disposing used tissues in the bin.
- We recommend bringing your own hand sanitiser for personal use when in airports, on your coach or train, and while touring.

Colds and Flu

Viral respiratory infections are the most common infectious illnesses affecting travellers. Colds and flu spread primarily through coughing, so please practice good hygiene and respiratory etiquette — wash your hands regularly, cover your coughs and sneezes, and use antibacterial wipes or hand sanitiser frequently, especially after excursions, before meals, and throughout the day. Influenza is commonly contracted while travelling overseas, and the flu vaccine provides protection against flu viruses.

Gastroenteritis and Traveller's Diarrhoea

Diarrhoea is the second most common infectious illness affecting travellers. The illness can be caused by a number of different viruses and bacteria. Viral gastroenteritis is generally spread by person-to-person contact, whereas bacterial gastroenteritis is spread from consuming contaminated food or water. Symptoms can include fever, nausea, vomiting, diarrhoea and abdominal pain. The incubation period varies depending on the cause. Symptoms are generally self-limiting and treatment includes rest, rehydration, a simple diet, anti-nausea and anti-diarrhoeal medications. Antibiotics are typically reserved for use where symptoms are more severe or prolonged, such as fever, abdominal pain, bloody diarrhoea, or symptoms lasting more than two days. Practising good hygiene like handwashing is essential in protecting yourself from getting sick and to prevent spreading the infection to others.

Water and Food Safety

Tap water in China is not safe to drink. Be mindful of the different meals you will consume each day while on holiday. It's a good idea to pack some medicine to alleviate symptoms should you experience an upset stomach from eating foods that are not usually a part of your regular diet.

It is best to drink bottled or filtered water when travelling. Always ensure the seal is intact prior to consuming.

Bottled or filtered water should always be used for cleaning your teeth, unless you are specifically advised the tap water is safe for this purpose. If you are unsure, please ask your Tour Director.

Water Bottles

APT is committed to reducing waste and the use of single-use plastic water bottles. We encourage you to bring your own refillable water bottle to use while on tour or, alternatively, purchase one at your destination.

Street Food

When visiting countries where you are unsure about general hygiene practice, please take care if buying food from street vendors or in small restaurants away from your hotel, river ship or recommended venues. At these places, avoid raw fruits and vegetables, dairy products (including ice-cream) as well as meat and fish not properly

cooked. It is generally safe to eat cooked meats and vegetables prepared in hotels and restaurants in tourist areas. Fruit that you peel yourself is considered safe. You can feel safe eating anything served to you at the tour hotels and while on board your cruise. We recommend avoiding purchasing alcohol from street vendors.

Sun Exposure and Dehydration

Weather conditions will vary on tour. Drinking plenty of water is important to prevent dehydration. A hat and high-quality sunscreen are important for preventing sunburn, even on overcast days. Please ensure you bring a refillable water bottle to ensure you keep hydrated.

THE YANGZI EXPLORER

Ship Overview

On board the Yangzi Explorer, you'll discover the Yangzi River in style. Cruise through the Three Gorges in top-tier comfort. Amenities include an explorer deck, theatre, restaurants, a lounge, gym and a relaxing spa.

Ship Schedule

A schedule of the following day's activities will be provided to you each day. The ship's daily program includes information on activities, shore excursions, tour departure times and more. It is available at the reception desk.

Disruption to the Itinerary

Under normal operating conditions, itineraries will follow what is outlined in the brochure. However, changes to the itinerary may be necessary due to factors such as road, rail, river or weather conditions, strikes, or other circumstances beyond APT's control. If conditions make any routes unsafe for navigation, APT reserves the right to provide alternative services, including, but not limited to, accommodation on the docked ship or substitute land arrangements.

Onboard Information

Dining

With four restaurants to choose from and meals freshly prepared by a team of talented chefs, dining on board Yangzi Explorer is an experience to savour. Dynasty is the main restaurant, serving buffet-style breakfast and lunch, accompanied by unlimited soft drinks, tea and coffee. Dinner offers a combination of buffet selections and à la carte dishes.

Sunset Hot Pot House and Petrus Restaurant

Sunset Hot Pot House and Petrus are reservations-only restaurants that offer an alternative onboard dining experience. Traditional Chinese hotpot is available for lunch and dinner at Sunset Hot Pot restaurant. Petrus is Yangzi Explorer's exclusive reservations-only fine-dining restaurant, offering a tantalising tasting menu. Guests in Celebrity Suite can enjoy one complimentary meal in Petrus per cruise. Guests are welcome to reserve a table at an additional expense.

Beverages

Enjoy unlimited coffee, tea, soft drinks, local beer, and house wines during lunch and dinner, plus a selection of spirits and cocktails available throughout the day at the Explorer Bar.

Onboard Account

Purchases made while on board are billed to your shipboard account, and you will receive an invoice at the end of the cruise. The accepted currency on board the Yangzi Explorer is Chinese Yuan (also known as Renmenbi). Major credit cards like Visa, Mastercard and American Express are also accepted on board. WeChat and Alipay are mobile payment apps and digital wallets based in China, and are also accepted forms of payment aboard Yangzi Explorer.

Internet

Free Wi-Fi is available while on board the cruise in public areas. Please note that the quality of wireless internet connectivity while on board the vessel can vary.

Beauty and Spa Services

Spa services are available on board with a wide range of treatments to select from.

Laundry and Ironing Service

Laundry and pressing services are available on board, guests are entitled to 6 pieces of free laundry per sailing per suite.

Audio Guides

Whether on board or ashore, your lightweight headset ensures you won't miss a word of your guide's insightful commentary. Be sure to bring it along on shore excursions so you can enjoy every detail shared along the way.

Medical Assistance

The Yangzi Explorer features a 24-hour doctor service. If a passenger requires medical assistance on shore, a transfer will be arranged to the nearest land hospital for further medical treatment. Guests are responsible for any expenses incurred from medical visits while on or off the ship. Please note that APT is not responsible for the type or quality of the medical services you may receive, and we strongly recommend that you purchase travel insurance.

SUITE INFORMATION

Bedding Configuration

Deluxe and Ambassador suites feature two twin beds that can be combined to create a king-sized bed, while Jade, Mandarin, Celestial and Imperial suites feature a luxurious four-poster king bed. Please advise your bed configuration preference at the time of booking.

In-Room Entertainment

Each suite on board the ship contains a flat screen TV with a range of channels available. TV reception may vary depending on the ship's location.

Telephone

An in-suite telephone is available, allowing you to easily contact other guests while on board.

Air Conditioning and Heating

All suites include in-room climate control with individual controls for optimal comfort.

Adaptors and Electricity

The voltage on board is 220V, and your suite is fitted with universal plugs so no adaptor is required.

Hair Dryer

Each suite is equipped with a hair dryer.

Mini Bar

A mini bar is available in each suite.

Bathroom Amenities

Suites are equipped with en suite bathrooms featuring a shower, toilet, and complimentary toiletries.

Safety Deposit Box

All suites are equipped with a safety box, and it is recommended that you place your valuables inside during the cruise.

Smoking

Smoking is not permitted inside any river vessel, including your suite and balcony. Smoking is only permitted within designated areas on

the Observation Desk.

Housekeeping

Housekeeping staff will attend to your suite daily. Should you require any additional housekeeping requests, please contact reception staff for assistance.

LEARN ABOUT YOUR DESTINATION

It may be useful to research some of the locations that you will be visiting. Familiarise yourself with the area, cities, the language spoken and transport information. Refer to your itinerary when researching and try to prepare yourself for anything that may arise. The more you know about your destination, the more you'll appreciate everything you see. During your travels, you will encounter new customs and different lifestyles. Appreciate and enjoy these differences. This process of discovery and understanding is one of the many benefits of travelling. Despite language barriers, a smile is universal. Friendliness and tolerance towards others, including your fellow travellers, Tour Director and crew are essential for everyone's enjoyment of the tour.

CHINA

China is one of the world's oldest continuous civilisations, with an equally rich cultural heritage to match. Despite experiencing an unprecedented rate of modernisation that saw a largely agrarian society become an urban one, China nurtures a deep connection to ancient traditions that have lasted for millennia. Modern China is predominantly an atheist state. However, many people follow a blend of Buddhism and Taoism, while a minority Muslim population belongs to the Uyghur ethnic group from Xinjiang province.

Chinese Cuisine

Chinese cuisine, shaped by the country's vast geography, climate, and cultural history, is one of the world's most diverse and influential culinary traditions, inspiring global dishes like pasta and showcasing regional contrasts such as hearty wheat-based foods in the north and rice, seafood, and fresh vegetables in the south.

Culture and People

During your journey, you'll find that Chinese people are deeply connected to their cultural heritage, and many popular tourist sites are rooted in the country's rich spiritual and philosophical traditions. National pride and China's growing economy are evident throughout the country, especially in its bustling urban centres. You may also find yourself frequently engaging in conversations with locals on topics reflecting national pride — ranging from China's rapid technological advancements and success in manufacturing to sports and the arts.

Language

Mandarin Chinese, known as Putonghua, is the official national language of China and the most widely spoken. However, many regions also speak their own local languages, such as Cantonese in Guangdong and Hong Kong, or Shanghainese in Shanghai. In major cities, English is becoming more common as a second language, particularly in business, hospitality and tourist areas.

Useful Phrases (Mandarin Chinese)

English	Pinyin	Phonetic
Hello	nǐ hǎo	nee how
Thank you	Xièxiè	shieh shieh
Goodbye	Zàijiàn	dzai jyen
How are you?	Nǐ hǎo ma?	nee how ma?
Excuse me/sorry	Duìbuqǐ	dway boo chee

Currency

The local currency in China is the Chinese yuan (CNY), also known as the Renminbi (RMB). While Renminbi refers to the currency as a whole, yuan is the primary unit of account. The yuan is widely used

Supporting Local Communities

OneTomorrow is the APT Travel Group's (ATG) not-for-profit charitable fund. OneTomorrow's goal is to create a positive and lasting impact on the environment and the communities we interact with. This is achieved through immediate and long-term contributions to various environmental and humanitarian causes.

APT has a list of recommended organisations to support through our established OneTomorrow Charitable Fund.

More details and information can be found at www.onetomorrow.com.au

throughout the country, and most shops and street vendors do not accept foreign currencies.

Time Zone

China Standard Time (CST), GMT+8

Weather

China's climate varies greatly depending on the region and time of year. In the north, cities such as Beijing and Xi'an experience cold, dry winters and hot summers, while in the south, the climate is more subtropical, with hot, humid summers and mild winters.

Beijing

Discover Beijing, China's vibrant capital where ancient history meets modern life—visit UNESCO sites like the Forbidden City and Great Wall, explore traditional temples and parks, and enjoy local cuisine including Peking Duck, noodles, and sweet dumplings.

Xi'an:

One of China's Four Great Ancient Capitals, Xi'an, (meaning "Western Capital"), is home to the remarkable Terracotta Warriors, one of the country's greatest archaeological discoveries and a UNESCO World Heritage Site. Visit the Bell and Drum towers, wander along Xi'an's ancient city walls, which have stood for centuries, and stroll through the bustling Muslim Quarter, filled with mosques, vibrant street food and lively markets. From the Qin dynasty to the present day, Xi'an's rich history is beautifully reflected in its architecture and culture.

Shanghai

Shanghai's one-of-a-kind skyline seamlessly blends historic landmarks with cutting-edge modern architecture. Wander along the Bund, on the western side of the Huangpu River in Puxi, and admire panoramic views of the futuristic skyline, including the iconic Oriental Pearl Tower. Shanghai is also renowned for its world-class shopping and diverse dining scene. The city's eclectic cuisine spans everything from street food favourites like fried chive pancakes to the famous soup dumpling (xiao long bao) and acclaimed Michelin-starred restaurants.

The Yangtze River

The Yangtze River, China's longest, flows from the Tibetan Plateau to the East China Sea. It's a vital waterway, used for agriculture and transport, and holds deep cultural significance. A cruise along the river provides breathtaking views of quaint villages dotting the riverbanks and lush, forest-covered mountains, especially as you pass through the famous Three Gorges.



USEFUL INFORMATION

Travel Doctors

Australia:

traveldoctor.com.au

travelclinic.com.au

travelvax.com.au

New Zealand:

worldwise.co.nz or your local travel clinic

United Kingdom:

fitfortravel.nhs.uk/home

travelhealthpro.org.uk

masta-travel-health.com

Travel Advisory:

Australia: smartraveller.gov.au

New Zealand: safetravel.govt.nz

United Kingdom: gov.uk

Customs:

Australia: homeaffairs.gov.au

New Zealand: customs.govt.nz

United Kingdom: gov.uk/browse/abroad/travel-abroad

Useful Websites

Climate: climate-zone.com

Time: timeanddate.com/worldclock

Currency Conversion: xe.com

Visa Information

Australia: smartraveller.gov.au

New Zealand: safetravel.govt.nz

United Kingdom: gov.uk

APT TRAVEL CENTRES

AUSTRALIA

Building 4, Level 1, 15 Cochranes Road,
Moorabbin, VIC 3189

P: 1300 278 278 (within Australia)

W: aptouring.com

NEW ZEALAND

Level 1, 20 Augustus Terrace,
Parnell, Auckland 1052

P: 0800 278 687 (within New Zealand)

W: aptouring.com

UNITED KINGDOM

3rd Floor, 52 Grosvenor Gardens,
London SW1W 0AU

P: 0800 012 6686 (within the UK)

W: aptouring.com

NORTH AMERICA

Suite 530, World Trade Centre,
999 Canada Place, Vancouver,
British Columbia, V6C 3E1

P: 1800 290 8687 (within North America)

W: aptouring.com



This flyer is designed as a guideline to assist you when preparing for your tour. Much of the information within is subject to change and while all care has been taken to ensure all information is correct at time of printing, we cannot take responsibility for any subsequent changes. Printed in Australia. Effective May 2025. Australian Pacific Touring Pty Ltd. ABN 44 004 684 619. ATIA accreditation #A10825. APT-6077



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