



travelmarvel  
Premium Travel

# NORTH AMERICA

## ESSENTIAL TOUR INFORMATION

### KNOW BEFORE YOU GO

#### PASSPORTS AND VISAS

A valid passport is required with a minimum validity of six months from your date of return. It is your responsibility to ensure that you meet necessary visa/permit entry requirements and pay all associated costs, unless it is stated that the costs are included in your tour price. Failure to obtain correct documentation may affect entry into certain countries on tour. TravelMarvel suggests contacting the relevant consulates for the latest information on visa requirements, costs, and processing time. It is important to carry your passport and other travel documents in your hand luggage while travelling. For Australian and New Zealand passport holders seeking further visa information or region-specific information, please visit: [travelmarvel.com/before-you-travel/visa-requirements](https://travelmarvel.com/before-you-travel/visa-requirements)

All Australian, New Zealand and UK citizens travelling to Canada and the USA are required to register online for an Electronic Travel Authorisation (eTA) to determine eligibility to enter. For all other nationalities, please contact your local consulate.

#### Canada: eTA Application

To apply for a Canadian eTA, please go to [cic.gc.ca/english/visit/visas.asp](https://cic.gc.ca/english/visit/visas.asp) to read about the conditions of application and to register online. There is a fee of CAD\$7 payable in conjunction with the eTA registration (current as at time of print).

#### USA: ESTA Application

To apply for an ESTA (including an Alaska cruise), please go to [esta.cbp.dhs.gov](https://esta.cbp.dhs.gov) to read about the conditions of application and to register online. There is a processing fee of US\$40 payable in conjunction with the ESTA registration (current as at time of print).

We recommend that you obtain your ESTA as soon as possible to allow sufficient time for your application to be processed and approved. Applications are not immediate and may take several weeks to determine eligibility. If you do not have access to the internet, a third party, such as a relative or travel agent, may apply on your behalf. The traveller is still responsible under the law for the answers submitted on their behalf. Please print a copy of the document for your records as you may be required to present a copy to airline staff upon check-in.

Note that visa and passport requirements are the responsibility of the traveller to organise and are subject to eligibility with Canadian and United States government requirements.

#### TRAVEL INSURANCE

Travel Insurance is not included in your holiday package. We strongly recommend that you take out comprehensive travel insurance that covers, without limitation, the full cost of your holiday, medical costs, medical evacuation, loss of luggage and any additional charges for cancellations due to both land and air disruptions, natural disasters and industrial actions such as strikes. Please ensure that your insurance covers you for the entire duration of your trip, and check what circumstances and activities are not included in your policy. Please ensure that all pre-existing medical issues are declared to the insurer so that noncovered conditions are identified in advance. You should have the details recorded and accessible in case of an emergency.

#### DIETARY AND ALLERGIES

If you have any dietary requirements or allergies that need to be managed while travelling with TravelMarvel, please advise your booking agent as soon as possible, as well as your Tour Director upon arrival. Most suppliers require advance notice to accommodate these requirements and in some cases you may be required to fill out a form or waiver. Every effort will be made to fulfil requests, but these cannot always be guaranteed.

#### EMERGENCY CONTACT INFORMATION

With your final travel documents, we'll include important phone numbers and other helpful information. Our local representatives are also available to assist with any needs during your tour. If you need assistance at any time, please contact our representatives at TravelMarvel's Vancouver office on +1 778 300 1058.

#### LUGGAGE

Each passenger is entitled to take one piece of luggage that does not exceed 160cm<sup>2</sup> (63 inches<sup>2</sup>) and 23kg (50 pounds). The tour price includes portage for one piece of luggage; additional bags will be subject to approximately CAD\$10/US\$10 per bag, per hotel. Limit hand luggage to one bag that fits under your aircraft seat or in the overhead compartment. If your holiday includes a rail journey with VIA Rail, you will be required to pack down to an overnight bag. Guests travelling on Rocky Mountaineer are limited to hand luggage only on board. Checked luggage will be delivered directly to your hotel and available upon your arrival.

Sometimes luggage is delayed during transit. We recommend packing a change of clothes, essential toiletries and any necessary medication in your hand luggage or putting some items in your travel companion's bag. Include a copy of your hotel contacts and ship details inside your hand luggage. Should your luggage be delayed, it is the responsibility of the airline to deliver it to you. Claims for

reimbursement should be submitted directly to the airline. Should you need assistance in contacting the airlines for information, please ask your Tour Director or Cruise Liaison for assistance.

### LUGGAGE TAGS

Label all pieces of luggage with your name, address and telephone number on the inside of your suitcase and hand luggage.

For security reasons, keep all unchecked luggage in your immediate possession. Unattended luggage can be confiscated by airport personnel. Upon arrival, your Tour Director will give you additional tags for your checked luggage, which are specific to your tour group. These tags will help your Tour and Cruise Liaison, as well as hotel and transfer staff, to easily identify your luggage.

## WHAT TO PACK

What you pack will depend on your personal preferences. Most guests dress casually while on tour. When packing, consider the time of year you are travelling, as temperatures can fluctuate between day and night. For daytime, we recommend light- to medium-weight clothing, along with rainwear for cooler or wet conditions, sturdy and comfortable footwear such as runners, and a refillable drink bottle. Water refill stations are available during the tour, making it easy to refill your bottle throughout the day. A small backpack is also recommended for day use.

### Essential Items:

- Passport and any required visas
- Travel insurance policy including policy number and emergency contact number
- Medication and copies of prescriptions
- Travel vaccination certificates (if required)
- Airline e-tickets
- Universal adaptor

### ADAPTORS AND ELECTRICITY

In North America, the standard voltage is 120 volts, with a standard frequency of 60 Hz. If you want to bring a hair dryer or shaver from home, make sure they are dual

voltage with a switch that allows you to adjust between 110 and 220 volts. If they don't, you will need a voltage adaptor. You will also need a plug adaptor, with two parallel flat prongs to fit North American sockets.

### INTERNET ACCESS

In Canada, enjoy complimentary Wi-Fi on board your coach and in select hotels including Fairmont Hotels and Resorts. On Holland America Line ships, internet is available via satellite, depending on satellite conditions. There is a charge for this service. In Alaska, complimentary Wi-Fi is not available on coaches and may only be offered in common areas at select hotels.

## AT THE AIRPORT

### RECONFIRMATION OF FLIGHTS

We recommend that you contact your airline(s) or travel agent at least 72 hours before your initial flight to confirm your departure details. Be sure to check in online at least 24 hours prior to your flight.

### DELAYED OR MISSED FLIGHTS

In the event that you miss your flight or that you are delayed substantially, please advise the airline representative that you are booked on a group tour with a specific start location, date and time. Be sure to advise Travelmarvel of your new travel arrangements immediately.

### AIRPORT TRANSFERS

Transfers must be pre-arranged at the time of booking and flight details need to be provided at least 60 days prior to your departure.

If you are arriving at the airport on the first day of the tour, you will be welcomed by a Travelmarvel representative and then transferred to your hotel. Airport transfers are included on the first and last day of the tour package. They are also included if you have booked pre- or post-tour accommodation with a Travelmarvel tour hotel.

Transfers cannot be re-routed to other pick-up points or destinations. If you miss your pre-booked transfer, please call the Travelmarvel Vancouver office before you make your own way to the hotel at your own expense. Please check your Travelmarvel personalised itinerary in your travel documents to make sure transfer details are indicated and correspond to your flight information. If you have independent travel arrangements prior to your Travelmarvel tour and do not have a Travelmarvel transfer, the tourist information office at your arrival airport will be able to offer further assistance with directions to your hotel.



Lake Louise, Canada

## ON TOUR INFORMATION

### TIPPING

In North America, tipping is customary in restaurants and bars, as well as for a variety of other service providers, including taxi drivers, doormen, and hairdressers. Your Tour Director can assist with advice on when and how much to tip. Wait staff and bartenders depend on tips for a large part of their earnings. As a guide, a restaurant waiter should be left (on the table as you leave) approximately 15-20% of the total bill, and up to 25% for outstanding service. In bars, you should give the bartender approximately \$1 per drink, although you may want to be a bit more generous for the first round, thus ensuring good service throughout the evening.

Gratuities for hotel and restaurant staff and local guides are included in your Travelmarvel tour price for all included meals and experiences, so you won't have any uncertainty about how much to tip.

Gratuities for any additional activities or dining you choose to partake in independently on tour are not covered in your tour price.

Gratuities for your Travelmarvel Tour Director, Travelmarvel coach driver, rail attendants, and cruise line staff are also included in your tour price.

### HOTEL ARRIVAL AND DEPARTURES

**Check-in:** Hotel check-in time is generally 4pm local time, but where possible, the hotel will try and have your room available earlier. If your flight arrives in the morning, luggage can be dropped off at the hotel before check-in and stored until your room is ready.

**Checkout:** Checkout times may vary, however, they are usually at 11am or noon. If you have a late afternoon or evening flight, most hotels have a luggage room

where you can store luggage until your departure. They may charge a fee. A hotel day room may also be arranged with the hotel directly at an additional cost (subject to availability).

### TWIN/TRIPLE ACCOMMODATION

Many hotels in North America require twin and triple rooms to use existing bedding – this may require two guests to share one bed and one sofa, and three guests to share two beds. While cruising, triple cabins will include a sofa bed.

### SEAT ROTATION

To ensure you have the opportunity to enjoy front and window seats, a daily seat rotation system is employed on our coaches. Your Tour Director will go through the details of this system at the beginning of your holiday.

## STAYING HEALTHY ON TOUR

### SEE YOUR GP

Your GP or travel clinic is the best source of information about preventative measures including vaccinations. We recommend you consult your GP or local travel clinic for detailed advice to ensure you're fully prepared before travel. Please take a copy of your travel itinerary with you to assist with the recommendations of appropriate medication and vaccinations. If you have any health conditions, please ask your doctor to prepare a medical summary for use by a foreign doctor if needed. This should include: your name, address, emergency contact, blood type, medical history, current medications and dosages, drug allergies, reasons for prior hospitalisation and a list of vaccinations and dates.

### TRAVELMARVEL HEALTH AND SAFETY PROTOCOL

Travelmarvel has a Health and Safety Protocol that all our Tour Directors are required to follow. Please read our Health and Wellbeing page on our website for more information: [travelmarvel.com/before-you-travel/health-and-wellbeing](https://travelmarvel.com/before-you-travel/health-and-wellbeing)

### COLD AND FLU

If you experience cold or flu-like symptoms while on tour, please use hand sanitiser regularly — especially before meals and throughout the day — and be considerate of fellow travellers by limiting close contact. Hand sanitiser dispensers are available in public areas on all ships and coaches, so make sure to use them when reboarding.

If your symptoms worsen, notify your Tour Director or Cruise Liaison immediately so appropriate measures can be taken.

### ALTITUDE SICKNESS

Acute Mountain Sickness (AMS) is a condition caused by ascending to high altitudes. Symptoms include headache, shortness of breath, lack of appetite, nausea, dizziness, fatigue or weakness. Consult your GP to determine if you need preventative medication. To reduce symptoms of altitude sickness, drink plenty of fluids such as water, fruit juices and herbal tea, and avoid caffeinated and alcoholic drinks. If you experience any of the above symptoms of AMS, please inform your Tour Director. The highest elevations on tours are approximately 2,300 metres in the Canadian Rockies and approximately

1,100 metres in the eastern capital cities. You may experience shortness of breath, mild fatigue and a slight headache.

### SEA SICKNESS

As with any sea vessel, some motion may occur in certain areas depending on weather and season. While most ships are equipped with stabilisers to reduce rolling, we recommend bringing anti-motion sickness medication or other precautions, even if you've never experienced motion sickness before. Sea bands, which are clinically tested to help reduce nausea, may also provide relief. For best results, wear them throughout your cruise as a preventative measure. To minimise the effects of motion sickness, avoid alcohol, tobacco, and confined spaces.



Boldt castle, Thousand Islands

# ROCKY MOUNTAINEER

A typical travel day on Rocky Mountaineer can range from 10-12 hours or potentially longer. Here are estimated\* arrival and departure times based on the previous season's schedule.

| DIRECTION                             | DAY 1   | DAY 2   |
|---------------------------------------|---|---|
| Eastbound<br>– Vancouver<br>to Banff  | Vancouver<br>to Kamloops<br>Boarding: 7:30am<br>Arrival: 6:30pm | Kamloops<br>to Banff<br>Boarding: 6:30am<br>Arrival: 8:30pm     |
| Westbound<br>– Banff to<br>Vancouver  | Banff to<br>Kamloops<br>Boarding: 8:30am<br>Arrival: 8:00pm     | Kamloops<br>to Vancouver<br>Boarding: 7:30am<br>Arrival: 6:30pm |
| Eastbound<br>– Vancouver<br>to Jasper | Vancouver<br>to Kamloops<br>Boarding: 7:30am<br>Arrival: 6:30pm | Kamloops<br>to Jasper<br>Boarding: 7:45am<br>Arrival: 7:00pm    |
| Westbound<br>– Jasper to<br>Vancouver | Jasper to<br>Kamloops<br>Boarding: 8:15am<br>Arrival: 6:00pm    | Kamloops<br>to Vancouver<br>Boarding: 7:30am<br>Arrival: 6:30pm |

You will be spending two full days aboard the Rocky Mountaineer for a duration of approximately 450km each day, with an overnight stop in Kamloops.

\*All arrival times are approximate and may be subject to unforeseen delays.

## LUGGAGE ON THE TRAIN

Only hand luggage is permitted on Rocky Mountaineer. It's best to carry medications or essentials with you on board, as you won't have access to your checked luggage during the train journey. Your checked luggage will be delivered to your overnight accommodation in Kamloops.

## KAMLOOPS OVERNIGHT ACCOMMODATION

Accommodation is assigned by Rocky Mountaineer a few days before your train departure and will be listed on your boarding pass at check-in. Guests will stay in moderate-level hotels offering essential amenities and excellent service. While the rooms are clean and comfortable, they may not be as luxurious as those in other destinations along your journey.

## TRACK SHARING

Rocky Mountaineer shares the same rail tracks with other rail services, particularly government-owned freight trains.

To accommodate all services, the time schedules are carefully coordinated to minimise conflicts with freight traffic. While Rocky Mountaineer is treated as a priority, freight trains generally have the right of way which may lead to unforeseen delays.

Other common delays may be due to: weather conditions, such as heavy snow or rain, which can slow travel for safety; track maintenance, where scheduled or emergency work may reduce train speeds; and wildlife crossings, as animals in the Rocky Mountains may require the train to slow or stop. Rocky Mountaineer staff will keep you informed and work to minimise any disruptions.

## INTERNET ON THE TRAIN

There is no Wi-Fi internet access on board, and the majority of the route is out of cell phone range due to travelling through remote parts of Canada. There is cell service in the major urban centres such as Kamloops. It is strongly recommended that you disable data roaming or switch your device to airplane mode. Rocky Mountaineer is not responsible for any roaming charges incurred.



Journey aboard the Rocky Mountaineer

# CRUISING INFORMATION

## HOLLAND AMERICA LINE

### Online Check-In and Express Cruise Documentation

All guests booked on a Holland America Line cruise are required to complete the online check-in process via the Holland America website [hollandamerica.com](http://hollandamerica.com) prior to departure. Click on 'Manage My Cruise' and follow the prompts to complete the check-in process.

When your booking is complete and you're within 50 days of sailing, you can download and print your cruise luggage tags. These will include your name, stateroom and departure date. It is recommended to print your luggage tags before leaving for your trip.

Important: Online check-in closes three days before the cruise departure date. Those who wait to check in at the terminal

may be unable to board, even if they arrive before the vessel departs.

Your boarding pass will be available to view on your device or to print 7-14 days prior to your sailing. Ensure the barcode appears on the left side of the document. Your Tour Director will be able to assist where required.

### To complete your online check-in you will need your:

- Full passport details
- Full contact details
- Emergency contact details
- Return flight information
- Credit card you wish to use for onboard purchases
- HAL booking reference (located in your Travelmarvel itinerary on the cruise embarkation day)

Important: Onboard accounts can be settled using cash or credit card. Cruise lines do not accept payments made by Prepaid Cash Cards, Diners Club Cards, traveller's cheques, debit cards or EFTPOS.

### Settling Your Bill on Board

Cruise lines maintain a 'cashless society' on board — simply register your credit card details during the online check-in process, authorise your onboard purchases as you make them, then settle your account with one transaction at the end of your cruise.

Upon embarkation, Holland America Line will seek an initial pre-authorisation of up to US\$30 per person for each day of your cruise against the card that you have used to establish your onboard account.

This pre-authorisation may appear on your credit card account as a pending transaction or as a credit limit reduction.

Those opting to use a debit card or pre-paid travel currency card will see this pre-authorisation as a withdrawal of funds from their account.

At the end of your cruise, your registered card will be charged once for the remaining balance on your account. If your account has a credit balance, the eligible amount will be refunded to your registered card. After this transaction, all pre-authorisations on your card will be released, and funds restored by your financial institution.

## Dining

Formal dining is available in the main dining room and a buffet dining option is also available. Specialty restaurants on board are subject to a surcharge, starting from US\$25 per person. Complimentary room service is available 24 hours a day. If you have any dietary requirements or other special needs, you may be required to complete a request form prior to departing for your trip.

## Staying Connected

Internet packages are available for purchase once on board the cruise and

can be used at the onboard computer terminals or on personal devices throughout the ship. Cellular phone service is available via a third-party provider and subject to international roaming fees.

## Gratuities

Tipping is included in your tour price for dining and stateroom services. Please note that an 18% service charge will be automatically added to your optional purchases, such as spa services and bar charges.

## Clothing

Shipboard attire is mainly casual during the day. Evening dress falls into one of two categories: smart casual and formal. The suggested dress code for each evening is indicated on the ship's daily program, available on board and through Holland America Line's Navigator app. Men are advised to bring at least one suit jacket and tie for the two formal evenings. Casual dining is also available in the ship's buffet-style venue on formal evenings.

## Safety Protocols and Prohibited Items

It is important to adhere to the cruise line's safety protocols by not bringing prohibited items such as weapons, illegal substances, or hazardous materials on board. All guests and luggage will be required to go through security screening before boarding. For further information, please visit [hollandamerica.com](http://hollandamerica.com)

## Laundry

Holland America Line offers full laundry and dry cleaning services on all ships. Laundry bags and price lists are conveniently located in the closet of each stateroom on board.

## Shore Excursions

It's best to book shore excursions online prior to departing, as the more popular tours can sell out before embarkation. To book, go to [hollandamerica.com](http://hollandamerica.com). You will need your credit card and Holland America Line booking reference, which can be found in your personalised Travelmarvel itinerary.

# ENHANCE YOUR JOURNEY

## SELECT EXPERIENCES

In most cities, your schedule typically includes a half-day city tour, along with some free time to explore at your leisure. Several experiences are available at reasonable prices, offering further opportunities to pursue special interests and discover unique local attractions.

Some excursions are adventurous by nature and may involve personal risk. You must assess the risk involved in any excursion and take full responsibility for your decision to participate. As the booking agent, Travelmarvel is not liable for any personal risk or injury. Not all tours are available on all itineraries and departure

dates. Availability is subject to sufficient participation, weather conditions, seasonal suitability, and group interests. Select experiences, subject to availability and seasonality, must be booked on tour and cannot be pre-booked unless otherwise stated. Minimum and maximum numbers may apply.

# SUMMER

## WESTERN CANADA

### VANCOUVER

#### Grouse Mountain

The iconic Skyride takes you on an eight-minute journey from the Valley Station, 1,100 metres above sea level, to the summit. Panoramic views of the city, sea and surrounding mountains unfold as you ascend the Peak of Vancouver. This experience includes access to plateau activities, such as a visit to the Bear Habitat and the lumberjack show.

#### FlyOver Canada

FlyOver Canada incorporates state-of-the-art technology to show you some of the country's most remarkable sights from a whole new perspective. Groups of up to 60 guests at a time will hang suspended, feet dangling, immersed in a huge 20-metre spherical screen while a film takes you on a thrilling eight-minute

Flyover journey. It's a fully immersive experience including wind, scents and sound.

#### Capilano Suspension Bridge

Enjoy access to the many attractions that Capilano Suspension Bridge Park has to offer, including the Cliffwalk, which follows a granite precipice along the Capilano River via a series of narrow cantilevered bridges, stairs and platforms. The immersive Treetops Adventure offers a squirrel's-eye view of the forest as you walk across seven bridges, rising up to 33 metres above the ground.

#### Hop-On, Hop-Off Tour

Take in the sights of Vancouver at your own pace on a self-guided hop-on, hop-off bus tour. There are 11 stops across the city, including Stanley Park, Robson Street and Granville Island. Simply hop on and off as you choose.



Capilano Suspension Bridge, Vancouver

## VICTORIA

### Horse-Drawn Carriage Tour

Enjoy a leisurely horse-drawn carriage tour of Victoria. This includes the James Bay district, the manicured gardens of Beacon Hill Park, Victoria's oldest church and Thunderbird Park. Finish the tour with a spectacular view of the British Columbia Legislature.

### Whale Watching

Embark on an exciting adventure through some of the world's most breathtaking scenery in search of orca, humpback, minke and gray whales, as well as sea lions. Choose between cruising in a Zodiac or on a luxury motor yacht.

## BANFF

### Banff Gondola Ride

Take a scenic gondola journey nearly 700m up to the top of Sulphur Mountain and enjoy sweeping panoramic views over six mountain ranges of the Canadian Rockies. Once at the summit, stroll along the mountain boardwalk to learn more about Canada's first national park, explore the interpretive centre, or enjoy a multi-sensory experience at the 'Above Banff' theatre.

### Local Lakes and Gems Tour

Join this exclusive small group tour and venture off the beaten path to discover Banff National Park's hidden gems. You'll also enjoy time to explore Johnson Lake, Two Jack Lake, and Lake Minnewanka, plus stop at Cascade Ponds for a hikers lunch.

### Heli Flightseeing

Take to the skies for a bird's-eye view of the Rocky Mountains. From soaring past snowy peaks and jagged mountain tops, to taking in breathtaking views of pristine lakes and alpine meadows, each tour has something for everyone.

### Bow River Float Trip

Fully immerse yourself in the Canadian Rockies as you enjoy a relaxing float trip along a seven-kilometre section of the Bow River. Keep your eyes peeled for any wildlife on the riverbanks. This activity is suitable for all ages and safe for cameras.

### River Explorer Tour

Enjoy the natural beauty of the Bow River as you paddle in a big canoe with an experienced guide. Big canoe trips can be enjoyed by everyone and no paddling experience is necessary.

### Ice Hockey Player for a Day

Experience the thrill of being a Canadian ice hockey player with the Canmore Eagles. Enjoy an introduction to the game of ice hockey and access the players' dressing room. Then, if you wish, suit up in full ice hockey gear and try your hand at shooting a puck on the ice. Guidance from a

professional coach is provided and no prior skating experience is necessary. This experience is suitable for every age and ability.

## JASPER

### Jasper SkyTram

Ascend the Whistlers Mountain aboard the Jasper SkyTram to an altitude of 2,263m. The knowledgeable Tramway attendant will be on hand to point out the sights and answer your questions along the way. Enjoy stunning vistas over mountain ranges stretching up to 80km away. On a clear day, the white pyramid of Mount Robson can be seen in nearby British Columbia. Take your time enjoying the view and return to Jasper when you are ready. Includes round-trip transfers to the Jasper Tramway and SkyTram admission.

### Maligne Valley Tour

Travel through spectacular Maligne Valley to Maligne Lake and enjoy either a hike (spring) or a cruise (summer) at one of the most picturesque locations in the Rockies.

**With hike:** Early in the season, enjoy a scenic 30–40 minute hike along the shore of Maligne Lake (weather and trail conditions permitting) before returning to town. Duration: 4–4.5 hours

**With cruise:** Once the ice has thawed, embark on a 1–1.5 hour cruise to the world-famous Spirit Island. Duration: 5–5.5 hours

These tours offers a mix of nature, scenic views, and geological insights — plus, keep an eye out for Jasper's wildlife along the way.

### Harley Davidson Sidecar Tour

Explore the stunning Jasper wilderness during a chauffeured motorcycle sidecar tour. Carrying two guests per sidecar motorcycle (one person sits in the sidecar and one person sits behind the driver), your personal guide/driver will stop for photo opportunities, allowing you to switch positions from the back of the bike to the sidecar. Putting on your full motorcycle gear (leather jacket, chaps, gloves, bandanna, helmet and goggles) is half the fun, so don't forget your camera.

## Evening Wildlife Discovery

Jasper National Park is the ideal place to see elk, deer, coyotes, moose, bighorn sheep and mountain goats in their natural environment. As you travel through the Athabasca Valley, you'll also witness beautiful scenery.

## Rafting Athabasca River

Travel through Jasper National Park on a 16-kilometre rafting trip. Pass through many small sets of rapids and calm stretches of the Athabasca River while looking out for wildlife. No paddling is required and flotation devices will be provided.

## WHISTLER

### Mountain Jeep Tour

Wind your way through the surrounds of Blackcomb Mountain (season dependent) on a 4x4 Jeep tour. See mountain wildlife and enjoy spectacular views of massive volcanic peaks.

### Whistler Valley E-bike Tour

Exploring Whistler by e-bike is a wonderful way to spend a summer day. Feel the fresh air as you coast past lush green landscapes and mountains.

### 'Peak 2 Peak' Gondola Ride

Board the iconic tri-cable lift for an unparalleled perspective of British Columbia's alpine peaks. Upon disembarking, enjoy a walk along the scenic trails, look for wildlife and discover indoor interpretive displays.

### ZipTrek

For an incredible way to see the wilderness of Whistler at its best, adventure seekers may like to try a zipline tour. You'll be captivated by stunning views during this high-flying adventure across many different ziplines.

### TreeTrek

Enjoy a fully guided ecology-based tour through a network of suspension bridges, stairways, boardwalks and forest floor trails. Explore Whistler's last remaining old-growth forests of cedar, hemlock, and fir.



## Heli Flightseeing

Take in the sights surrounding Whistler from the air during a helicopter flight, including an aerial view of the Peak 2 Peak Gondola.

## Vallea Lumina – Multimedia Nightwalk

Experience Vallea Lumina with an immersive night-time forest walk featuring lights, soundscapes, and interactive storytelling, guiding guests along a magical trail that blends nature, art, and technology.

## Whistler Bear Tour

Travel in a multi-vehicle convoy through Whistler Olympic Park on an off-road adventure, exploring bear habitat, scenic trails, waterfalls, and the Olympic ski jumps, with pickup included and group photo opportunities.

## EASTERN CANADA

### OTTAWA

#### Ottawa by Bicycle

Set off with a local guide on a leisurely two-hour bicycle tour through the heart of Canada's capital.

#### Canadian War Museum Admission

The many fascinating exhibitions here reveal Canada's involvement in war over the ages. From tanks to art and photography, it's a sobering reflection of the nation's history.

#### Canadian Museum of History

Learn about the incredible cultural, historical and artistic achievements of Canada's First Peoples on a fascinating tour of the First Peoples Hall. Also, visit the

Canadian Hall of History and trace the nation's history from the dawn of human habitation to the present day.

#### Rideau Canal Cruise

Take a cruise along the historical Rideau Canal, built in 1812 for strategic military purposes. Today, it covers 202km of the Rideau and Cataraqui rivers and showcases Ottawa's beautiful lakes, rivers and the richness of the region's historical landmarks.

#### Vintage Biplane

Experience bird's-eye views and panoramic vistas of the city, river systems and farmlands on a biplane adventure.

### QUÉBEC CITY

#### River Cruise

Set out on a fascinating cruise along the St. Lawrence River to get the best perspective of Old Québec City. See Old Québec, Montmorency Falls and Île d'Orléans, with wonderful views across the city.

#### City Walking Tour

Explore North America's only walled city during a walking tour and learn about its history, culture and significant landmarks.

#### Fairmont Le Château Frontenac Tour

Meet historical figures tied to Fairmont Le Château Frontenac and experience castle life.

### MONTRÉAL

#### Walking Tour of Old Montréal

With a local guide, explore the sights, sounds and charming cobblestone streets

of Old Montréal, a historical district set by the beautiful St. Lawrence River.

#### Underground Walking Tour

Explore the impressive network of underground passageways linking Montréal's buildings and stations during this incredible walking tour. Art, such as stained-glass and sculptures, is a unique part of the visual experience.

#### Sightseeing Cruise

Hear unique anecdotes about the culture and history of Montréal while taking in the sights of this fascinating city on a guided cruise.

#### The Mile-End Neighbourhood Tour

Discover a lively mix of cultures, art galleries, hipster scenes, vintage stores and local cafes in this vibrant community.

### NIAGARA FALLS

#### Helicopter Flight

Take to the skies and get a bird's-eye view of Niagara Falls on an exhilarating helicopter flight. Seeing this iconic wonder from above is an unforgettable experience.

### NEW YORK

#### Statue of Liberty and Ellis Island Cruise\*

Must be pre-booked. Take in the New York City skyline from the water as you cruise along the Hudson River to the iconic Statue of Liberty.

\*This activity does not include access to the Crown.

## USEFUL TRAVEL WEBSITES

### CUSTOMS

Australia: [homeaffairs.gov.au](http://homeaffairs.gov.au)

New Zealand: [customs.govt.nz](http://customs.govt.nz)

UK: [gov.uk](http://gov.uk)

### TRAVEL ADVISORY AND VISA INFORMATION

Australia: [smartraveller.gov.au](http://smartraveller.gov.au)

New Zealand: [safetravel.govt.nz](http://safetravel.govt.nz)

UK: [gov.uk/foreign-travel-advice](http://gov.uk/foreign-travel-advice)

USA: [travel.state.gov/en/international-travel/travel-advisories](http://travel.state.gov/en/international-travel/travel-advisories)

Canada: [travel.gc.ca/travelling/advisories](http://travel.gc.ca/travelling/advisories)



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