

# **ESSENTIAL TOUR INFORMATION**

# WHAT IS EXPEDITION CRUISING?

On an Expedition Cruise, you will embark upon a path less travelled, going where few have gone before – and we recommend you expect the unexpected. Along with planned activities on your voyage, you will also experience ample time for unplanned encounters, such as opportunities to explore an otherwise inaccessible island, quiet cove or beach. Such spontaneous events are part of the joy of expedition cruising, and embracing them can significantly enhance your overall cruise experience. Often, these unexpected moments become the most memorable highlights of your journey.

# Sightseeing and Shore Excursions

Shore excursions are at the heart of every destination, a way for you to experience the history, geology, flora and fauna with your knowledgeable expedition team. Opportunities for discovery are extraordinary. You can take in as many, or as few, excursions as you wish throughout your voyage. You will receive briefings from your Expedition Leader each evening, which thoroughly outline the next day's plans. Zodiac and Xplorer excursion vessels are most often used to transport you to shore, while the ship stays anchored in deeper water a short distance from land. These landings can require you to disembark into shallow water on the shoreline, so we recommend you pack a pair of reef shoes or rubber sandals that you don't mind getting wet.

Please note: not all excursions require you to vacate the excursion vessel, as you set out to explore the coastline from the water.

### **Itinerary**

Although every effort is made to follow the itinerary as per the brochure, there may be times when this will have to be varied due to weather, tides or other conditions prevailing at the time.

# **Your Expedition Team**

Your Cruise Director and Expedition Team are highly trained industry professionals committed to making your adventure memorable. From the moment you step aboard, they are on hand to ensure your comfort, take care of all arrangements, answer questions and provide a friendly face.

## **Prior to Travelling**

You must be aware of certain regulations involving the excursion vessels in order to ensure adequate safety:

- The driver is in charge of the boat and its operation.
   Please follow their instructions at all times to ensure your safety.
- · Please ensure you wear suitable waterproof footwear.
- Passengers should also use a weatherproof bag (or plastic bag) to protect items such as cameras and binoculars in case of sea spray.
- You must always wear the safety vests provided. This is for your safety and is required at all times.
- Always accept the help from crew members stepping in or out of the excursion vessels.
- Carry your belongings in a backpack on excursion voyages to ensure your hands remain free throughout the excursion. Make sure you have everything you need with you for the excursion before leaving the ship, including sun protection, sunglasses, drinking water and your camera.

# WHAT TO PACK

Packing essentials vary depending on personal preferences. You may wish to use the following list of items as a guide. Most people dress casually on tour, however, you may want to wear something slightly more formal for Captain's dinners and cocktail evenings. Consider the time of year you are travelling and the likelihood of fluctuating temperatures. We recommend layering your clothing so that you can be prepared for changes in weather conditions throughout the day. Pack clothing you are comfortable being active in to wear during shore excursions.

### **Coral Coast**

Variable weather conditions can be expected on your voyage, and it is our recommendation to prepare when you are packing for both cool and warm weather conditions. We do also regularly have wet landings, so we strongly advise to pack protective footwear such as river walkers or aqua soles for these expeditionary wet landings.

### **Expedition basics**

- Small day pack to take on excursions for water or photography equipment and other supplies - preferably waterproof. Water resistant backpacks available for purchase on board.
- Preferred supplies to stay hydrated hydrolyte powder or tablets for your water bottle or hydration pack.
- · Sunhat with brim (available for purchase on board).
- · Swimsuit and/or board shorts (for swimming opportunities).
- · Comfortable, broken-in walking shoes, hiking boots if preferred.
- Wet landing shoes, such as reef walkers or Tevas for any potential wet landings.
- · Comfortable pants, shorts, or fitness gear for walks.
- · Long-sleeve shirt and rashie for sun protection.
- A waterproof windbreaker jacket and scarf for cool sea breezes or travelling on excursion vessels.
- · Warm layers for outdoors.
- Sunscreen, lip balm and insect repellent and sunburn relief products – a supply is available on board; however you may wish to bring your own. We recommend and supply marine friendly SP50+ sunscreen on board which is non-toxic to marine life.
- Please note: wet landings can occur on shelly and pebbly beaches with sharp shells. Proper wet landing shoes are important, we don't recommend wearing thongs.

### On board

- · Sandals or casual shoes for onboard use.
- · Comfortable or smart-casual clothing.
- · Light long-sleeved shirts to layer.
- Preferred personal hygiene products (additional to those amenities supplied on board) and any prescription medications for the length of voyage.

### List of suggested items

- · Binoculars.
- · Neck Buff to soak in cool water before and after hikes.
- · Hiking sticks for navigating uneven surfaces.
- Long-sleeve shirt or rashie for sun protection (available for purchase on board).
- Camera with battery charger and memory cards.
- Seasickness pills or bracelets if you are prone to seasickness (available to be dispensed on board at a cost).
- · Rain jacket, lightweight (available for purchase on board).
- · Earplugs and/or eye-shade for light sleepers.
- · Plug adapters or voltage converters.
- Small collapsible umbrella for shade and sun protection (rain umbrellas are available on board for use).
- · Underwater or waterproof camera for any water activities
- Stinger suit (we recommend bringing your own for comfort, as onboard supply is limited).
- Wetsuit or springsuit (We recommend bringing your own for comfort, as onboard supply is limited).
- · Thermal swimwear suitable for colder climates.
- · Preferred personal snorkel gear (personal choice).

### Pack in carry-on

· Prescription medication.

## **Great Barrier Reef**

Due to the warm, tropical climate of this region, we recommend to prepare accordingly when you are packing for warm and humid weather conditions. We do also regularly have wet landings, so we strongly advise to pack protective footwear such as river walkers or aqua soles for these expeditionary wet landings.

## **Expedition basics**

- Small day pack to take on excursions for water or photography equipment and other supplies – preferably waterproof. Water resistant backpacks available for purchase on board.
- Preferred supplies to stay hydrated hydrolyte powder or tablets for your water bottle or hydration pack.
- Sunhat with brim (available for purchase on board) or Legionnaire style cap for light reflection protection.
- · Swimsuit and/or board shorts (for swimming opportunities).
- · Comfortable, broken-in walking shoes, hiking boots if preferred.
- Wet landing shoes, such as reef walkers or Tevas for any potential wet landings.
- · Comfortable pants, shorts, or fitness gear for walks.
- · A light windbreaker jacket.
- Sunscreen, lip balm and insect repellent and sunburn relief products – a supply is available on board; however you may wish to bring your own. We recommend and supply marine friendly SP50+ sunscreen on board which is non-toxic to marine life.



#### On board

- · Sandals or casual shoes for onboard use.
- · Comfortable or smart-casual clothing.
- · Light long-sleeved shirts to layer.
- Preferred personal hygiene products (additional to those amenities supplied on board).

### List of suggested items

- Long-sleeve shirt and rashie for sun protection, we suggest thicker non-see-through fabric (available for purchase on board).
- Binoculars.
- · Camera with battery charger and memory cards.
- Underwater camera (preferably with Wi-Fi connectivity, or a way to download to a device on board if participating in a Citizen Science voyage).
- Seasickness pills or bracelets if you are prone to seasickness (available to be dispensed on board at a cost).
- · Rain jacket, lightweight (available for purchase on board).
- · Earplugs and/or eye-shade for light sleepers.
- Plug adapters or voltage converters.
- Small collapsible umbrella for shade and sun protection (rain umbrellas are available on board for use).
- · Head bands or bandanna to protect hair while snorkelling.
- · Lycra or neoprene hood for sun protection.
- Stinger suit, we suggest thicker non-see-through fabric (we recommend bringing your own for comfort, as on board supply is limited).
- Wetsuit (we recommend bringing your own for comfort, as on board supply is limited).
- A light neoprene vest or long john to keep warm and prevent sunburn while snorkeling.
- · Socks to wear under fins (to prevent blisters).
- · Prescription mask (limited variety on board).

### Pack in carry-on

Prescription medication.

## New Zealand

Variable weather conditions can be expected on your voyage, and it is our recommendation to prepare when you are packing for both cool and wet weather conditions, with items that are waterproof and windproof.

# Landings and excursions

- Small day pack to take on excursions for water or photography equipment and other supplies – preferably waterproof. Water resistant backpacks available for purchase on board.
- Bin Liner or plastic bag to keep cameras dry inside your bag.
- Preferred supplies to stay hydrated hydralyte powder or tablets for your water bottle or hydration pack.
- Sunhat with brim (available for purchase on board).
- · Thermal underwear.
- · Warm beanie, knitted hat and waterproof gloves or mittens.
- · Thick socks or stockings (mulitple pairs).
- Comfortable, broken-in walking shoes or light hiking boots if preferred.
- · Lightweight long-sleeve shirt and warm sweater.
- · Insulated water-proof jacket.
- · Long pants, waterproof or insulated.
- Sunscreen, lip balm and insect repellent and sunburn relief products – a supply is available on board; however you may wish to bring your own. We recommend and supply marine friendly SP50+ sunscreen on board which is non-toxic to marine life.

Please note: we recommend you bring many layers to wear in the colder regions, and especially while on the Xplorer excursions. Our Expedition Leaders typically wear 4-5 layers and a beanie while travelling at speed.

### On board

- · Sandals or casual shoes for onboard use.
- · Comfortable casual or smart-casual clothing.
- · Warm pullover or jumper.
- Preferred personal hygiene products (additional to those amenities supplied on board).

### List of suggested items

- · Hiking sticks for navigating uneven surfaces.
- · Hand sanitiser (also available on board).
- · Binoculars.
- Long-sleeve shirt for sun protection (available for purchase on board).
- Camera with battery charger and memory cards.
- Seasickness pills or bracelets if you are prone to seasickness (available to be dispensed on board at a cost).
- · Waterproof rain jacket.
- · Earplugs and/or eye-shade for light sleepers.
- · Plug adapters or voltage converters.
- Small collapsible umbrella for shade and sun protection (rain umbrellas are available on board for use).

### Pack in carry-on

· Prescription medication.

## Tasmania

Variable weather conditions can be expected on your voyage, and it is our recommendation to prepare when you are packing for both cool and warm weather conditions. We do on occasions have wet landings, so we strongly advise to pack protective footwear such as river walkers or aqua soles for these expeditionary wet landings.

### Landings and excursions

- Small day pack to take on excursions for water or photography equipment and other supplies – preferably waterproof. Water resistant backpacks available for purchase on board.
- Preferred supplies to stay hydrated hydrolyte powder or tablets for your water bottle or hydration pack.
- · Sun hat with brim (available for purchase on board).
- · Thermal underwear, thick socks or stockings.
- · Warm beanie or knitted hat and warm gloves.
- Swimsuit and/or board shorts (for swimming opportunities)
- Comfortable, broken-in walking shoes with hiking shoe grip for natural terrain or light hiking boots.



- Wet landing shoes such as reef walkers or Teva's for any potential wet landings.
- Lightweight long-sleeve shirt.
- · Lightweight insulated water-proof jacket.
- Long pants, waterproof or insulated (zip-off pants work really well as you get shorts and pants in one).
- Sunscreen, lip balm and insect repellent and sunburn relief products – a supply is available on board; however you may wish to bring your own. We recommend and supply marine friendly SP50+ sunscreen on board which is non-toxic to marine life.

Please note: we recommend proper hiking pants, shirts and socks from a hiking store. Jeans and wool jumpers become uncomfortable for hikes.

### On board

- · Sandals or casual shoes for on board use.
- · Comfortable casual or smart-casual clothing.
- · Warm pullover or jumper.
- Preferred personal hygiene products (additional to those amenities supplied on board).

### List of suggested items

- · Hiking sticks for navigating uneven surfaces.
- · Binoculars.
- Long-sleeve shirt for sun protection (available for purchase on board).
- · Camera with battery charger and memory cards.
- Seasickness pills or bracelets if you are prone to seasickness (sea sickness medication available on board).
- · Rain jacket, lightweight (available for purchase on board).
- · Earplugs and/or eye-shade for light sleepers.
- · Plug adapters or voltage converters.
- Small collapsible umbrella for shade and sun protection (rain umbrellas are available on board for use).
- · Extra pair of eyeglasses or contact lenses.

### Pack in carry-on

· Prescription medication.

# STAYING HEALTHY ON HOLIDAY

# **Preparing For Your Tour**

It's important for you to be as healthy as possible before you travel, and to maintain your health by applying good hygiene practices while on tour. Respiratory and gastrointestinal illnesses, while usually minor in nature, can spread rapidly within a tour group and have a major impact on everyone's enjoyment. APT is committed to reducing the spread of infections on tours. We ask that you read and follow our recommendations to ensure a healthy, safe and enjoyable holiday for you and your fellow travellers.

# **Mobility and Fitness**

A good level of health and fitness is essential. You will be required to embark and disembark excursion vessels, partake walks, possibly in hot conditions and/or on uneven terrain, and navigate steps, steep terrain and slippery surfaces. Walking poles are great for stability. While our crew is always there to lend a steady hand, note that for safety reasons they are not able to lift guests in and out of Zodiacs. In preparation for your tour, we recommend taking walks at least three times across a variety of terrain which should include climbing steps, building up to hour-long walks in the weeks just before your tour begins. This will ensure you have the stamina and energy to see and appreciate all the sights on offer. Ensure your walking shoes fit properly and have been worn in prior to departure.

Please note: walking frames are not recommended for these tours or for those with serious medical conditions. Any ongoing medical issues should be discussed with reservations staff at the time of booking.



## See Your GP

Your GP or travel clinic is the best source of information about preventative measures. We recommend you consult your GP or local travel clinic for detailed advice to ensure maximum pre-travel preparation. Please take a copy of your travel itinerary with you to assist your GP with the recommendations of appropriate medication.

Please note: the ship does not travel with a doctor or nurse on Australian domestic voyages so we recommend that you pack a small medical kit which includes your preferred pain killer, cold and flu medication, gastrointestinal medication and anti-motion sickness medication. Crew are medically trained as a requirement of their roles to meet Australian Maritime Safety Standards. The ships also have remote support from specialist organisations like the Royal Flying Doctor Service and various state and territory health facilities.

## Colds and Flu

Viral respiratory infections are the most common infectious illnesses affecting travellers. Colds and flu are primarily spread by people coughing, so practice hygiene and respiratory courtesy – wash your hands often, cover your coughs and sneezes, use anti-bacterial wipes or hand sanitiser frequently, especially after shore excursions, prior to meals and throughout the day. Influenza can be commonly contracted while travelling. The flu vaccine protects against flu viruses expected to be prevalent during the current flu season. You should discuss this with your GP.

## **Avoiding Mosquito Bites**

It is important to protect yourself from mosquito bites, especially at dawn and dusk when mosquitoes are most active. Precautionary measures include:

- · Using a DEET-based insect repellent.
- Wear light coloured clothing. Research has shown that mosquitoes are attracted to dark colours. Light coloured clothing also has the advantage of keeping you cooler in the heat.
- Be sure to cover as much of your skin as possible.
   Wear long-sleeved shirts, long trousers, socks and shoes.
- Wear clothes made of tightly-woven fabric which mosquitoes are unable to penetrate. Wear loose-fitting clothing so that mosquitoes cannot bite through to your skin, ensuring the garments are not loose at sleeve and collar openings.
- Avoid wearing perfume or cologne as these are known to attract mosquitoes.

### Gastro and Traveller's Diarrhoea

Traveller's diarrhoea is the second most common infectious illness affecting travellers. The illness can be due to a number of different bugs including viruses and bacteria. Viral gastroenteritis is generally spread by person-to-person contact, whereas bacterial gastroenteritis is generally spread from consuming contaminated food or water. Symptoms can include fever, nausea, vomiting, diarrhoea and abdominal pain. The incubation for the illness is variable depending on the cause. Symptoms are generally self-limiting, and treatment includes rest, rehydration, simple diet, anti-nausea and anti-diarrhoeal medications.

Antibiotics are generally reserved for use when symptoms are more severe or protracted, for example fever, abdominal pain, bloody diarrhoea or duration of symptoms for more than two days. Strict personal hygiene measures, particularly hand washing, helps protect you from getting sick and, of course, spreading the infection to others.

# Sun Exposure and Dehydration

The weather will be variable on your tour and drinking water is important to prevent dehydration. A hat and good sunscreen are important for preventing sunburn, even on overcast days.

## Sea Sickness

As on any sea vessel, some marked motion may be anticipated in certain areas, dependent on weather and season. While most ships are fitted with stabilisers to reduce the roll, it is recommended that you bring anti-motion sickness medication or precautions just in case, even if you have never experienced motion sickness in the past. To minimise the effects of motion sickness, avoid alcohol, tobacco and confined spaces.

# **APT Health and Safety Protocol**

APT has created a Health and Safety Protocol that all our Expedition Teams and Cruise Directors are required to adhere to. You may be requested to assist in reducing the spread of viruses if you are showing symptoms while on tour. If you are showing symptoms of a cold or a virus while on tour, you may be asked to wear a face mask, have meals in your cabin instead of the dining room, or remain in your cabin until the symptoms improve. Refer to our website for our most up-to-date protocols.

# GENERAL TOURING INFORMATION

# Departure/Return Points and Times

Please check your travel documents for further details of pickup and departure points and times.

# **Dietary Requirements**

Please ensure you advise either your Travel Agent or APT of any dietary requirements as soon as possible. Every effort is made to fulfill requests, but these cannot always be guaranteed. With the wide selection of menus and choice of dishes available, special dietary requirements will be met where possible. For strict dietary requirements, please check with your Travel Agent or APT concerning meals.

# **Personal Expenses**

We recommend you bring money (or a credit card) for incidentals such as refreshments or souvenirs not included in your package.

## **Pre and Post Tour Connections**

Some of our guests choose to make their own air and/or extra accommodation reservations. In this case, it's your responsibility to confirm your own arrangements and we suggest that you reconfirm your bookings prior to starting the cruise.

Please note: if the return of your cruise is delayed for any reason, APT does not accept responsibility for any additional charges that may be imposed by the operator of your ongoing travel arrangements. Before booking your flights, please check the itinerary requirements to ensure you allow enough time to participate in any touring and/or inclusions on the first and last day. If in doubt, please ask your travel consultant.

Accommodation for periods before or after the tour may also be booked if desired. Transfers must be arranged at the time of booking and flight details need to be provided to confirm this service. If booking pre- or post-tour accommodation with APT, you will receive transfer from the airport to your accommodation upon arrival and also receive a transfer from your accommodation to the airport after your cruise.

# Sleep Apnoea Machines and Other Medical Devices

Please let your travel agent or APT know as soon as possible should you require the use of a sleep apnoea machine or other medical devices while on board your cruise.



# **Smoking**

A strict no smoking policy is enforced throughout the interior of the ships, including in private balcony areas. A designated smoking area is provided on an outside deck. Please check with your Cruise Director or Expedition Team for further information. This policy also applies to e-cigarettes.

## **Tour Feedback**

As part of our commitment to providing quality touring experiences, we welcome and encourage your feedback. Your Expedition Team will share with you a feedback form. Please take the time to answer the questions and make relevant comments. All feedback is read, and a summary of each tour is given to all members of APT management.

## **Travel Insurance**

Travel insurance is not included in your holiday package. For your protection, purchasing comprehensive travel insurance is recommended. Speak to a travel insurance provider to determine which policy is best for you and ensure that all pre-existing medical issues are declared to the insurer so that non-covered conditions are ascertained in advance. We recommend your travel insurance includes coverage of events such as itinerary disruption and remote area evacuation as we will not be liable for any direct or indirect costs that you incur as a result of such an event or other factors beyond our control.

# SHIP INFORMATION: CORAL DISCOVERER AND CORAL ADVENTURER

Coral Discoverer: Great Barrier Reef and Tasmania Coral Adventurer: Coral Coast and New Zealand

# **Passports and Visas**

Passports are only required for international voyages, however all guests must provide Government-issued ID upon embarkation. All passport and visa requirements for international travellers are the responsibility of the traveller. Please contact your consulate for up-to-date information.

## **Beverages**

Aboard your cruise, coffee and tea are available free of charge throughout the day and during meals. Selected beers, wines and spirits are included with lunch and dinner service, as well as soft drinks and juices. Fresh drinking water is available onboard at water stations.

## **Cabin Facilities**

All staterooms are outside-facing with ocean views and en suite bathrooms. Most cabins can be configured with either a junior king or twin bedding and feature a desk, sofa, telephone. For safety reasons, both ships operates a "no key" policy onboard. If required, the ship's Purser will care for any of your valuable items in the ship's safe.

## **Communication Services**

Standard Wi-Fi is included onboard but cannot be guaranteed at all times due to the nature of satellite communications, which are subject to disruption from weather and obstructions. We advise you to download your favourite shows prior to embarkation. Internet access is best in public areas but not guaranteed in staterooms due to the ship's steel structure. Mobile coverage is often not available during the cruise due to the remote location. It is recommended you use internet communications such as WhatsApp and Messenger to make calls and send messages using the complimentary internet provided onboard.

### Currency

The currency on board is the Australian dollar. Guests will require a credit card (Visa, Mastercard or American Express) to register your personal on board account. All purchases on board will be charged back to your onboard account.

### Electricity

Voltage onboard is 220/250v, 50Hz AC (standard Australian three-pin plug). A slanted two-pin adapter plug will work while onboard, however, with the third pin missing, the item will not be grounded. Please ensure you bring appropriate cords for your devices. For international guests, a limited number of adaptors can be purchased on board the ship. Hairdryers are provided for your convenience. Bathrooms on board are equipped with both 110V and 200/240V outlets for electric shavers only. If you require electrical medical equipment, please notify the reservation department as soon as possible.

# **Excursion Vessels**

#### **Xplorer**

The ship's lightweight Xplorer vessels allows deeper exploration on shore excursions. The Xplorer is fast, sturdy, comfortable and developed to allow easy disembarkation onto remote shores. Passengers are able to walk straight onto the vessels from the deck. Xplorer is equipped with shelter and toilet facilities.

#### Zodiacs

Both ships carry inflatable landing craft (Zodiacs). Designed for expeditions, these large, heavy-duty inflatables are extremely safe and maneuverable. The flat bottom design permits these crafts to land directly onto beaches. Guests must be able to access the Zodiacs by stepping down several steps. Some assistance will be given by on-board crew and members of the Expedition Team, but passengers will not be lifted in and out of the Zodiacs. Please be aware your feet may become wet when disembarking on shore landings.

## Kayaks

Both double and single kayaks are available for use at select points throughout your cruise.

## Glass Bottom Coral Viewing Vessel

(Great Barrier Reef and Tasmania cruises only)

The Coral Discoverer carries a glass-bottom viewing vessel allowing an informative and out-of-water reef experience.

### Language

The official language used by APT staff worldwide is English. All onboard staff, crew and local guides speak fluent English. All guided tours, announcements and lectures will be presented in English.

### Laundry

For passengers' comfort, a limited laundry service is available to all guests. You will find laundry pricing, bags and slips inside your cabin. Charges for this service will be posted to your onboard account. As the service is for laundering only, ironing services are not provided. Mini ironing boards and irons are available from the Reception desk.

# Luggage

There are no luggage restrictions onboard and there is ample room to store luggage in your cabin under your bed or in the wardrobe.

Please note: any airline restrictions when packing if travelling by air to or from your cruise.

## Meals

All meals on board your cruise are included. No table reservations can be made in the main restaurants. Special dietary needs can be catered for – please notify APT of any special dietary requirements when making your booking.

### Stairs and Elevators

### Great Barrier Reef and Tasmania cruising

There are no elevators or passenger lifts aboard the Coral Discoverer. There are approximately 12-13 steps on each flight of stairs.

### Coral Coast and New Zealand cruising

The Coral Adventurer is equipped with an elevator on all accommodation levels.

# **Open Bridge Policy**

There is an open bridge policy on board. Both ships feature a navigator lounge to provide guests with a view of ship operations. All guests are welcome in the bridge at any time unless otherwise advised by one of the officers.

# Security and Valuables

If required, the ship's Purser will care for any of your valuable items in the ship's safe.

## Services On Board

On board the ship you will find multiple indoor and outdoor bars, including the Explorer bar on the Sun Deck. There is also a wine cellar featuring boutique Australian wines as well as an onboard library, gift shop and lecture lounge with multimedia for daily expedition briefings and presentations.

# **Tipping**

Gratuities are included in your cruise price, however, please feel free to tip extra should you wish.

### Water

Fresh drinking water is available onboard at water stations.

# **USEFUL WEBSITES**

Customs New Zealand: <a href="mailto:customs.gov.au">customs.gov.au</a>
Customs UK: <a href="mailto:hmrc.gov.uk/customs">hmrc.gov.uk/customs</a>

Australian Government Advisory and Consular: <a href="mailto:smarttraveller.gov.au">smarttraveller.gov.au</a>

New Zealand Government Travel Advisory: <a href="mailto:safetravel.govt.nz">safetravel.govt.nz</a>
UK Government Travel Advisory: <a href="mailto:gov.uk/foreign-travel-advice">gov.uk/foreign-travel-advice</a>

### **Travel Health Information:**

traveldoctor.com.au travelclinic.com.au travelvax.com.au

tga.gov.au/travelling-medicines-and-medical-devices

masta-travel-health.com

# **APT TRAVEL CENTRES**

## **AUSTRALIA**

Building 4, Level 1, 15 Cochranes Road, Moorabbin, VIC 3189

**P:** 1300 278 278 (within Australia) **W:** aptouring.com

## **NEW ZEALAND**

Level 1, 20 Augustus Terrace, Parnell, Auckland 1052

P: 0800 278 687 (within New Zealand)

W: aptouring.com

## UNITED KINGDOM

3rd Floor, 52 Grosvenor Gardens, London SW1W OAU

**P:** 0800 012 6686 (within the UK) **W:** aptouring.com

## **NORTH AMERICA**

Suite 530, World Trade Centre, 999 Canada Place, Vancouver, British Columbia, V6C 3E1

P: 1800 290 8687 (within North America)

W: aptouring.com



This booklet is designed as a guideline to assist you when preparing for your tour. Much of the information within is subject to change and while all care has been taken to ensure all information is correct at time of printing, we cannot take responsibility for any subsequent changes. Printed in Australia. Effective September 2025. Australian Pacific Touring Pty. Ltd. ABN 44 004 684 619. ATIA accreditation #A10825 APT-6602

