

Luxury Travel
since 1927

Australian Expedition Cruising to a T.

ESSENTIAL TOUR INFORMATION

WHAT IS EXPEDITION CRUISING?

On an Expedition Cruise, you will embark upon a path less travelled, going where few have gone before – and we recommend you expect the unexpected. Along with planned activities on your voyage, you will also experience ample time for unplanned encounters, such as opportunities to explore an otherwise inaccessible island, quiet cove or beach. Such spontaneous events are part of the joy of expedition cruising, and embracing them can significantly enhance your overall cruise experience. Often, these unexpected moments become the most memorable highlights of your journey.

Sightseeing and Shore Excursions

Shore excursions are at the heart of every destination, a way for you to experience the history, geology, flora and fauna with your knowledgeable expedition team. Opportunities for discovery are extraordinary. You can take in as many, or as few, excursions as you wish throughout your voyage. You will receive briefings from your Expedition Leader each evening, which thoroughly outline the next day's plans.

Zodiac vessels are most often used to transport you to shore, while the ship stays anchored in deeper water a short distance from land. As Zodiac landings can require you to disembark into shallow water on the shoreline, we recommend you pack a pair of reef shoes or rubber sandals that you don't mind getting wet.

Please note: not all excursions require you to vacate the Zodiac, as you set out to explore the coastline from the water.

Itinerary

Although every effort is made to follow the itinerary as per the brochure, there may be times when this will have to be varied due to weather, tides or other conditions prevailing at the time.

Your Expedition Team

Your Cruise Director and Expedition Team are highly trained industry professionals committed to making your adventure memorable. From the moment you step aboard, they are on hand to ensure your comfort, take care of all arrangements, answer questions and provide a friendly face.

Prior to Travelling

You must be aware of certain regulations involving the Zodiacs in order to ensure adequate safety:

- The driver is in charge of the boat and its operation. Please follow their instructions at all times to ensure your safety.
- Please ensure you wear suitable waterproof footwear.
- Passengers should also use a weatherproof bag (or plastic bag) to protect items such as cameras and binoculars in case of sea spray.
- You must always wear the safety vests provided. This is for your safety and is required at all times.
- Always accept the help from crew members stepping in or out of the Zodiacs.
- Carry your belongings in a backpack on Zodiac voyages to ensure your hands remain free throughout the excursion. Make sure you have everything you need with you for the excursion before leaving the ship, including sun protection, sunglasses, drinking water and your camera.

WHAT TO PACK

Packing essentials vary depending on personal preferences. You may wish to use the following as a list of items as a guide. Most people dress casually on tour, however, you may want to wear something slightly more formal for Captain's dinners and cocktail evenings. Consider the time of year you are travelling and the likelihood of fluctuating temperatures. We recommend layering your clothing so that you can be prepared for changes in weather conditions throughout the day. Pack clothing you are comfortable being active in to wear during shore excursions. Please note: clothing is not available for sale on board. As a guide, consider packing:

- Comfortable hiking shoes and/or sturdy walking shoes, as well as shoes that can get wet, such as reef shoes or rubber sandals, for wet shore landings on Zodiac excursions.
- Sun hat with brim and chin strap (to secure while on vessels), and sunglasses.
- Clothing to protect you from the sun.
- T-shirts and casual shirts, long-sleeved shirts, and shorts.
- Swimsuit and/or sarong in case the opportunity arises.
- Warm clothing, such as jeans, trousers or casual long pants, a pullover, waterproof jacket or light raincoat.
- Smart casual clothing for Captain's dinners and cocktail evenings.
- Sleepwear.
- Water bottle.
- Toiletries and personal medication in adequate supplies for your entire tour.
- Camera, memory cards, batteries and chargers, including phone chargers.
- Small backpack for use on excursions.
- Consider bringing walking poles to assist walking over uneven ground.

STAYING HEALTHY ON HOLIDAY

Preparing For Your Tour

It's important for you to be as healthy as possible before you travel, and to maintain your health by applying good hygiene practices while on tour. Respiratory and gastrointestinal illnesses, while usually minor in nature, can spread rapidly within a tour group, and have a major impact on everyone's enjoyment.

APT is committed to reducing the spread of infections on tours. We ask that you read and follow our recommendations to ensure a healthy, safe and enjoyable holiday for you and your fellow travellers.

Mobility and Fitness

A good level of health and fitness is essential. You will be required to embark and disembark Zodiacs, partake walks, possibly in hot conditions and/or on uneven terrain, and navigate steps, steep terrain and slippery surfaces. Walking poles are great for stability.

While our crew is always there to lend a steady hand, note that for safety reasons they are not able to lift guests in and out of Zodiacs.

In preparation for your tour, we recommend taking walks at least three times across a variety of terrain which should include climbing steps, building up to hour-long walks in the weeks just before your tour begins. This will ensure you have the stamina and energy to see and appreciate all the sights on offer. Ensure your walking shoes fit properly and have been worn in prior to departure. Please note: walking frames are not recommended for these tours.

See Your GP

Your GP or travel clinic is the best source of information about preventative measures. We recommend you consult your GP or local travel clinic for detailed advice to ensure maximum pre-travel

preparation. Please take a copy of your travel itinerary with you to assist your GP with the recommendations of appropriate medication.

It may be wise to ask your doctor to prepare your medical history for a doctor, should you need to see one on your cruise. It should include your name, address, emergency contact, blood type, medical history, current medications and dosages, drug allergies, reasons for prior hospitalisation and a list of vaccinations and dates.

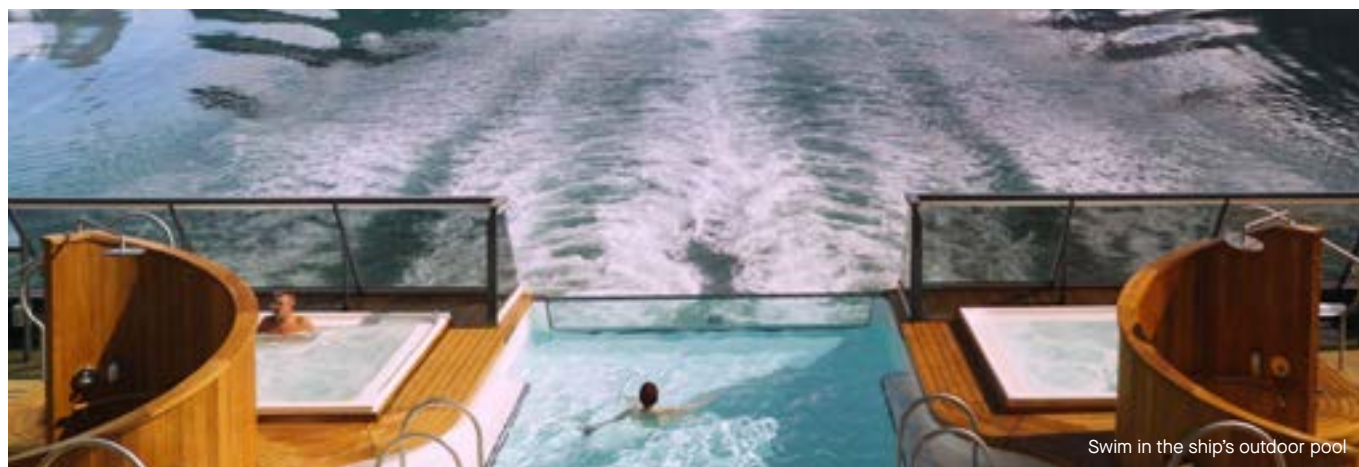
A copy of your prescriptions is vital in case you need medical assistance. Prepare a list of any medications you use, along with your name, dosage, prescribing doctor and their phone number. Pack sufficient medication for the duration of your tour. Your medication should be kept close at hand in your purse or carry-on bag. Remember to leave medication in its original container so it can be easily identified. It is also a good idea to bring a copy of your prescription for glasses or contacts.

Pack a Medical Kit

A small medical kit is recommended for all travellers, as depending on your destination, there may be no stops once you are on your cruise to purchase items. Your medical kit should include:

- Cold and flu medication (e.g. cold and flu tablets, throat lozenges, nasal decongestant).
- Your preferred painkiller.
- Medicine for gastrointestinal upsets (e.g. antacids, 'stoppers' for diarrhoea and a laxative for constipation).
- Other supplies including anti-motion sickness medication, plasters, blister pads, scissors, tweezers and eye drops.

In case of more serious injury or illness, there is a doctor and small medical centre on board, and medical care can be obtained in main towns. In the event you leave the cruise because of illness, your return to the point of departure will be at your own expense.



Swim in the ship's outdoor pool

Colds and Flu

Viral respiratory infections are the most common infectious illnesses affecting travellers. Colds and flu are primarily spread by people coughing, so practice hygiene and respiratory courtesy – wash your hands often, cover your coughs and sneezes, use anti-bacterial wipes or hand sanitiser frequently, especially after shore excursions, prior to meals and throughout the day.

Influenza can be commonly contracted while travelling. The flu vaccine protects against flu viruses expected to be prevalent during the current flu season. You should discuss this with your GP.

Avoiding Mosquito Bites

It is important to protect yourself from mosquito bites, especially at dawn and dusk when mosquitoes are most active. Precautionary measures include:

- Using a DEET-based insect repellent.
- Wear light coloured clothing. Research has shown that mosquitoes are attracted to dark colours. Light coloured clothing also has the advantage of keeping you cooler in the heat.
- Be sure to cover as much of your skin as possible. Wear long-sleeved shirts, long trousers, socks and shoes.
- Wear clothes made of tightly-woven fabric which mosquitoes are unable to penetrate.
- Wear loose-fitting clothing so that mosquitoes cannot bite through to your skin, ensuring the garments are not loose at sleeve and collar openings.
- Avoid wearing perfume or cologne as these are known to attract mosquitoes.

Practice Good Hygiene

Practicing good hygiene is vital to stopping the spread of common viral infections such as colds, flu or gastro, which can spread quickly.

Washing your hands is the most effective way to reduce the risk of contracting and spreading infections.

Health experts recommend you wash your hands with hot water and soap for 20 seconds or longer, before eating, after sneezing or coughing and after touching high contact surfaces (such as door knobs, elevator buttons and railings).

Please be mindful of your fellow travellers with respect to coughing, sneezing and the disposal of used tissues.

Hand sanitiser dispensers are located in various public areas on board all our ships. Please make sure you make use of these when reboarding and before all meals.

Gastro and Traveller's Diarrhoea

Traveller's diarrhoea is the second most common infectious illness affecting travellers. The illness can be due to a number of different bugs including viruses and bacteria. Viral gastroenteritis is generally spread by person-to-person contact, whereas bacterial gastroenteritis is generally spread from consuming contaminated food or water.

Symptoms can include fever, nausea, vomiting, diarrhoea and abdominal pain. The incubation for the illness is variable depending on the cause. Symptoms are generally self-limiting, and treatment includes rest, rehydration, simple diet, anti-nausea and anti-diarrhoeal medications. Antibiotics are generally reserved for use when symptoms are more severe or protracted, for example fever, abdominal pain, bloody diarrhoea or duration of symptoms for more than two days. Strict personal hygiene measures, particularly hand washing, helps protect you from getting sick and, of course, spreading the infection to others.

Sun Exposure and Dehydration

The weather will be variable on your tour and drinking water is important to prevent dehydration. A hat and good sunscreen are important for preventing sunburn, even on overcast days.

Sea Sickness

As on any sea vessel, some marked motion may be anticipated in certain areas, dependent on weather and season. While most ships are fitted with stabilisers to reduce the roll, it is recommended that you bring anti-motion sickness medication or precautions just in case, even if you have never experienced motion sickness in the past. To minimise the effects of motion sickness, avoid alcohol, tobacco and confined spaces.

APT Health and Safety Protocol

APT has created a Health and Safety Protocol, as well as COVID-19 protocols that all our Expedition Teams and Cruise Directors are required to adhere to. You may be requested to assist in reducing the spread of viruses if you are showing symptoms while on tour.

If you are showing symptoms of a cold or a virus while on tour, you may be asked to wear a face mask, have meals in your cabin instead of the dining room, or remain in your cabin until the symptoms improve. Refer to our website for our most up-to-date protocols.

GENERAL TOURING INFORMATION

Departure/Return Points and Times

Please check your travel documents for further details of pickup and departure points and times.

Dietary Requirements

Please ensure you advise either your Travel Agent or APT of any dietary requirements as soon as possible. Every effort is made to fulfil requests, but these cannot always be guaranteed. With the wide selection of menus and choice of dishes available, special dietary requirements will be met where possible. For strict dietary requirements, please check with your Travel Agent or APT concerning meals.

Mitchell Falls Helicopter Flight

A scenic helicopter tour of the Mitchell Plateau and Mitchell Falls, which also includes a walk to view the falls, is at an additional cost, payable on board. Note that this experience is only available on Kimberley cruise itineraries visiting the Hunter River and Naturalist Island. Bookings can be organised prior to your tour through seabourn.com/sf/excursions.

Personal Expenses

We recommend you bring money (or a credit card) for incidentals such as refreshments or souvenirs not included in your package.

Photography

The unique Australian coastal scenery is a photographer's delight. Be sure to bring your camera, batteries and spare memory cards.

Pre and Post Tour Connections

Some of our guests choose to make their own air and/or extra accommodation reservations. In this case, it's your responsibility to confirm your own arrangements and we suggest that you reconfirm your bookings prior to starting the cruise. Please note that if the return of your cruise is delayed for any reason, APT does not accept responsibility for any additional charges that may be imposed by the operator of your ongoing travel arrangements.

Before booking your flights, please check the itinerary requirements to ensure you allow enough time to participate in any touring and/or inclusions on the first and last day. If in doubt, please ask your travel consultant.

Accommodation for periods before or after the tour may also be booked if desired. Transfers must be arranged at the time of booking and flight details need to be provided to confirm this service.

If booking pre- or post-tour accommodation with APT, you will receive a transfer from the airport to your accommodation upon arrival and also receive a transfer from your accommodation to the airport after your cruise.

Sleep Apnoea Machines and Other Medical Devices

Please let your travel agent or APT know as soon as possible should you require the use of a sleep apnoea machine or other medical devices while on board your cruise.

Smoking

A strict no smoking policy enforced throughout the interior of the ships, including in private balcony areas. A designated smoking area is provided on an outside deck. Please check with your Cruise Director or Expedition Team for further information. This policy also applies to e-cigarettes.

Travelling with Minors

The tour is not suitable for minors younger than 12 years old. Please be aware that children under 18 must be accompanied by an adult at all times.

Tour Feedback

As part of our commitment to providing quality touring experiences, we welcome and encourage your feedback. Your Expedition Team will share with you a feedback form. Please take the time to answer the questions and make relevant comments. All feedback is read, and a summary of each tour is given to all members of APT management.

Travel Insurance

Travel Insurance is not included in your holiday package. For your protection, purchasing comprehensive travel insurance is recommended. Your policy should be purchased before leaving home and should cover international waters, including remote evacuation.

Confirm that your insurance covers you for the whole time you'll be away and check what circumstances and activities are not included in your policy. Ensure all pre-existing medical issues are declared to the insurer so that non-covered conditions are ascertained in advance. Have the details recorded and accessible at all times during travel.

We recommend your travel insurance includes coverage of events such as itinerary disruption as we will not be liable for any direct or indirect costs that you incur as a result of such an event or other factors beyond our control.

The Climate

Australia has a wide variety of climates. While most of the country experiences four seasons, Australia's tropical north experiences a wet and dry season, with all our expedition cruises operating during the best months to travel.

	Jan.	Feb.	Mar.	Apr.	May	June	July	Aug.	Sept.	Oct.	Nov.	Dec.
Broome:												
Max (°C)	33	33	34	34	32	29	29	30	32	33	34	34
Min (°C)	26	26	25	23	18	15	14	15	19	22	25	27
Rainfall (mm)	182	180	101	26	27	20	7	2	1	2	9	58
Darwin:												
Max (°C)	32	31	32	33	32	31	31	31	33	33	33	33
Min (°C)	25	25	25	24	22	20	19	20	23	25	25	25
Rainfall (mm)	426	375	319	102	21	2	1	5	15	70	142	251

* Please note that these statistics are a guide only as Australian weather can be variable and unpredictable.

SHIP INFORMATION: SEABOURN PURSUIT

Photo ID

All guests must have a valid passport which is valid for the duration of the cruise.

Visas

Australian and New Zealand passport holders do not require a visa for Kimberley cruises. Passport holders of all other nations should consult appropriate authorities to ascertain their requirements.

Currency

The currency on board is the US Dollar. Guests will require a credit card (Visa, Mastercard, AMEX or Discovery) or debit card to register your On Board account. All purchases on board will be charged back to your On Board account.

Cabin Facilities

Each suite features a living area, queen-size bed or two twin beds, dining table for two, walk-in closet, interactive flat-screen television, refrigerator, makeup vanity and spacious bathroom. Please note that due to the remoteness of some destinations, television channels may not always be available.

Communication Services

Wi-Fi is included on board, but cannot be guaranteed at all times due to the nature of satellite communications, which are subject to disruption from weather and obstructions. Connection speed may also be slower than on shore. The ship's library also has computers with internet access available. Mobile coverage is often not available during the cruise due to the remote location.

Electricity

The voltage used onboard is the U.S. standard (110 volts AC, flat prongs) and the European standard (220 volts AC, round prongs). Please ensure you bring appropriate cords for your devices. Adaptors can be purchased on board the ship. Please note that the use of

personal hairdryers, clothing irons, coffee makers, curling tongs, etc. in the cabins is strictly forbidden as they may damage the ship's electrical system. Hairdryers are provided for your convenience. If you require electrical medical equipment, please notify the reservation department as soon as possible.

Excursion Vessels

The ship has Zodiacs on board to allow guests to engage in up-close wildlife encounters, off-the-beaten-path excursions, and enriching cultural experiences. Guests must be able to access the Zodiacs by stepping down several steps. Some assistance will be given by on-board crew and members of the Expedition Team, but passengers will not be lifted in and out of the Zodiacs. Please be aware your feet may become wet when disembarking on shore landings.



Unwind in your Panorama Penthouse Suite

Language

The official language used by APT staff worldwide is English. All onboard staff, crew and local guides speak fluent English. All guided tours, announcements and lectures will be presented in English.

Laundry

For passengers' comfort, a laundry service is available to all guests. You will find laundry pricing, bags and slips inside your cabin. During your entire cruise, your cabin attendant will be available to take care of washing and ironing your clothing within 48 hours. These are paid-for services and will be directly charged to your On Board account.

Lift/Elevator

There is a lift on board which services all decks.

Meals

All meals on board your cruise are included. No table reservations can be made in the main restaurants. Vegetarian and gluten-free options are available – please notify APT of any special dietary requirements when making your booking.

Beverages

Aboard your cruise, coffee and tea are available free of charge throughout the day and during meals. Complimentary alcoholic and non-alcoholic beverages are available all day throughout your cruise, excluding champagne, premium spirits and selected wines – which are offered at an additional cost. Our staff are trained in the Responsible Service of Alcohol and are obligated by law to refuse service to any guest who, in their reasonable opinion, appears to be or is intoxicated, or behaves in an aggressive or offensive manner.

Open Bridge Policy

There is an open bridge policy on board and guests are welcome on the bridge at any time unless otherwise advised by officers. Please note that it is at the Captain or Bridge Officer's discretion that the bridge will be opened.

Security/Valuables

Each cabin contains a safe, which we recommend you utilise to store money and other valuables.

Services on Board

The ship's spa and fitness services offers wellness and beauty treatments including a full service salon, fitness centre, personalised spa service, glass walled sauna and infinity pool. The ship also features eight dining experiences, eight lounge bars, an expedition lounge and discovery centre. The ship is also equipped with a medical center that is staffed by licensed doctors and nurses.

Tipping

Gratuities are included in your cruise price, however, please feel free to tip extra should you wish.

Water

A refillable water carafe and glasses are provided in your cabin and can be replenished daily by your cabin steward when requested. We also provide reusable bottles for your use on shore excursions for the duration of your cruise. You are also welcome to bring your own if you prefer. For environmental reasons, no single-use plastic water bottles will be provided.

USEFUL WEBSITES

Customs Australia: homeaffairs.gov.au

Customs New Zealand: customs.govt.nz

Customs UK: hmrc.gov.uk/customs

Australian Government Advisory and Consular: smarttraveller.gov.au

New Zealand Government Travel Advisory: safetravel.govt.nz

UK Government Travel Advisory: gov.uk/foreign-travel-advice

Travel Health Information:

traveldoctor.com.au

travelclinic.com.au

travelvax.com.au

tga.gov.au/travelling-medicines-and-medical-devices

masta-travel-health.com

APT TRAVEL CENTRES

AUSTRALIA

Building 4, Level 1, 15 Cochrane Road,
Moorabbin, VIC 3189

P: 1300 278 278 (within Australia)

W: aptouring.com

NEW ZEALAND

Level 1, 20 Augustus Terrace,
Parnell, Auckland 1052

P: 0800 278 687 (within New Zealand)

W: aptouring.com

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3rd Floor, 52 Grosvenor Gardens,
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P: 0800 012 6686 (within the UK)

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999 Canada Place, Vancouver,
British Columbia, V6C 3E1

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This booklet is designed as a guideline to assist you when preparing for your tour. Much of the information within is subject to change and while all care has been taken to ensure all information is correct at time of printing, we cannot take responsibility for any subsequent changes. Images courtesy of Seabourn. Printed in Australia. Effective May 2025. Australian Pacific Touring Pty Ltd. ABN 44 004 684 619. ATIA accreditation #A10825 APT-6199



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