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Outback Wilderness Adventures to a T.

ESSENTIAL TOUR INFORMATION

PREPARING FOR YOUR TRIP

Travel Insurance

Travel Insurance is not included in your holiday package. We strongly recommend that you take out comprehensive travel insurance that covers, without limitation, the full cost of your holiday, medical costs, medical evacuation, loss of luggage and any additional charges for cancellations due to both land and air disruptions, natural disasters and industrial actions such as strikes. Please ensure that your insurance covers you for the entire duration of your trip, and check what circumstances and activities are not included in your policy. Please ensure that all pre-existing medical issues are declared to the insurer so that noncovered conditions are identified in advance. You should have the details recorded and accessible in the case of an emergency.

Health, Fitness and Mobility

A good level of fitness is required to participate in an APT 4WD Tour in Outback Australia, which includes walk in hot conditions, across uneven terrain, slippery surfaces, and climbing steep steps. All passengers requiring special assistance must travel with a carer. Crew and guides are unable to assist passengers on and off ships/coaches due to occupational health and safety.

During the 4WD Tour, you'll be required to embark and disembark from the vehicle several times per day. The 4WD vehicles' steps are up to 290mm in height. It's important that you're able to do this independently. For additional support during excursions that involve walking, we recommend bringing your own hiking poles. Walking frames are not suitable for APT 4WD tours due to the rugged and uneven terrain of some of the places visited.

In preparation for the walks included on your tour, please read the 'Walks on Tour' section on page two of this document.

Allergies and Dietary Requirements

If you have any dietary requirements or allergies that need to be managed while travelling with APT, and you have not made these known already, please advise your booking agent as soon as possible,

as well as your Tour Director upon arrival. Most suppliers require advance notice to accommodate these requirements and in some cases you may be required to fill out a form or waiver. Every effort will be made to fulfil requests, but these cannot always be guaranteed.

APT Health and Safety Protocol

APT has created a Health and Safety Protocol that all our Tour Directors and Driver-Guides are required to follow. To help reduce the spread of illness while on tour, you may be asked to take precautionary measures if you're showing symptoms of a cold or virus. These may include wearing a face mask, eating meals in your room/cabin rather than in shared dining areas, or remaining in your cabin/room until symptoms improve. You will also be required to complete an In Case of Emergency form on Day 1 of your tour or cruise. For more information on these protocols, please refer to our website. <https://www.aptouring.com/en-au/before-you-travel/health-and-wellbeing>.

Luggage Requirements

Space on board the 4WD is limited due to the vehicle size and custom-designed luggage area. Please pack your essentials into a single small, soft bag or an APT duffle bag (no hard-shell suitcases), adhering to the following allowances: 66cm length x 35cm width x 32cm height with a maximum weight of 16kg.

Escorted tours of six days or longer include a complimentary Adventure Pack, which you'll receive approximately three to four weeks before departure. This pack includes an APT duffle bag or backpack.

If you have excess luggage, please arrange storage or forwarding to your tour's final destination before arriving at the start point. Small aircrafts used for Outback air travel have strict luggage limits for safety and compliance reasons. If your escorted tour entails air travel, please note you will need to pack down your luggage and personal items to a maximum of 10kg per person for the flight. Any extra luggage will be carried on the 4WD vehicle.

WALKS ON TOUR

Comfortable walking shoes are required. Runners or joggers, walking or hiking boots, or sandals with good support are suitable. Thongs or flip-flops are not appropriate for most walks.

Some walks listed below may be in full sun with limited shaded. A good hat, sunscreen and refillable water bottle are essential if you wish to participate in any of these tours. It's essential that you are able to walk independently.

Please note: Not all walks mentioned below will be available on every 4WD tour. Please check your itinerary to confirm the walks featured on your selected tour. Walks are not compulsory; however, there may not be an alternative activity if you choose to not participate in an included walk.

This document is to be used as a guide only, as the grading levels may vary depending on the time of year and weather conditions.

Location	Level	Distance	Duration	Activity Description
QUEENSLAND				
Malanda Falls	Easy	2 km	2 Hours	Well-formed gravel path.
Mossman Gorge	Easy	2 km Return	1 Hour	A flat and well-maintained track.
Carnarvon Gorge	Easy to Active	1 to 5 km	Up to 2.5 Hours	Uneven, slippery rocks and stone pathway.
Undara Lava Tube	Active	3 km Return	3 Hours	Some longer, more challenging walks over uneven terrain.
Split Rock	Active	2 km Return	1.5 Hours	Challenging walk and uneven terrain.
Cape York (Tip Walk)	Difficult	1.5 km Return	1.5 Hours	Challenging walk over uneven granite rock and incline.
NORTHERN TERRITORY				
Uluru	Easy to Moderate	2 km	1.5 Hours	Rocky gravel pathways and well-formed boardwalk.
Standley Chasm	Moderate	1.2 km Return	30 Minutes	Rocky terrain through gorge.
Kata Tjuta (The Olgas) or Walpa Gorge	Moderate	2.6 km	2 Hours	Challenging steep climb up to the start of the rim walk. Rocky terrain and steep inclines.
Kings Creek Walk	Moderate	2 km	1 Hour and 45 Minutes	Rocky terrain.
Kings Canyon Rim Walk	Active	7.5 km	3 to 4 Hours	Challenging steep climb up to the start of the rim walk. Rocky terrain and steep inclines.
SOUTH AUSTRALIA				
Brachina Gorge and Bunyerroo Gorge	Easy	500 m	30 Minutes	Mostly flat and well-maintained.
Wilpena Pound	Easy	6.6 km	2 Hours Return	Rocky and sometimes uneven terrain.
Painted Hills	Moderate	1 to 2 km	45 Minutes	Rocky and sometimes uneven terrain.
WESTERN AUSTRALIA				
Fortescue Falls and Fern Pool (Karijini National Park)	Moderate	800 m Return	1 Hour and 20 Minutes	268 man made steps (with hand rails) followed by 300m of sandy uneven terrain. A few steps over boulders.
Natures Window	Moderate	1 km Return	45 Minutes	Short steep hills and sometimes uneven rough surface, rock plateau. Steps down and back up.
Kalbarri Skywalk	Easy	400 m	10 Minutes	Flat, even, hardened surface with no steps or steep sections.



Cape York

Climate, Sun Exposure and Dehydration

- The weather in the Australian Outback is variable, depending on the destination visited and the season during which you're travelling. Day time temperatures can reach 30°C +, dropping to around 0°C in the evenings. Dressing in layers allows you to add or remove clothing as required.
- Drinking plenty of water is important to prevent dehydration. A hat and a high-protection sunscreen are vital for preventing sunburn, even on overcast days.

Seat Rotation

Please note, to ensure everyone gets to enjoy front and window seats, a daily seat rotation system will be employed.

Packing for your Holiday

While what you pack should depend on personal preference, we recommend that you consider the time of year you are travelling and bring a variety of warm and cool clothing to suit the climate. Below is a list of essentials to assist your packing:

- Suitable footwear (hiking boots, comfortable walking shoes).
 - Walking poles to assist with walking over uneven ground.
 - Sun hat, sunscreen and sunglasses.
 - Small backpack for daily excursions.
 - Water bottle – one is provided with your adventure pack, or you can bring your own insulated water bottle for longer walks.
 - Swimsuit and swimming towel.
 - Torch.
 - Warm clothing for cooler nights (e.g. long pants, sleepwear, beanie and fleece jumper).
 - Personal medication (take adequate supplies for entire tour).
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Karijini National Park Hamersley Gorge



This flyer is designed as a guideline to assist you when preparing for your Outback Wilderness Adventure. Much of the information within is subject to change, and while all care has been taken to ensure all information is correct at time of production, we cannot take responsibility for any subsequent changes. All images in this publication are copyright of, and have been reproduced with the permission of Tourism Western Australia. This flyer is effective from August 2026. Australian Pacific Touring Pty Ltd. ABN 44 004 684 619. ATIA accreditation #A10825. APT-7828

